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Final Report

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The CAMH FFRDC enables CMS, the Department of Health and Human Services (HHS), and other government entities to access unbiased research, advice, guidance, and analysis to solve complex business, policy, technology, and operational challenges in health mission areas. The FFRDC objectively analyzes long-term health system problems, addresses complex technical questions, and generates creative and cost-effective solutions in strategic areas such as quality of care, new payment models, and business transformation.

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Executive Summary

The Centers for Medicare & Medicaid Services (CMS), through its Coverage and Analysis Group, engaged the CMS Alliance to Modernize Healthcare (CAMH) Federally Funded Research and Development Center (FFRDC) to begin developing efficient and effective processes for managing current and future health technology assessments. This supports CMS's efforts to enhance access to reasonable and necessary technologies and services for beneficiaries that improve health outcomes, while safeguarding them from potential harms associated with technologies and services that are of questionable value and not proven to improve their health outcomes. CMS relies on this CAMH FFRDC expertise and objectivity to conduct technology assessments that serve only the interests of the government and its beneficiary population. CAMH leveraged its Alliance Partners to bring together the expertise needed to prepare this technical report.

This report presents a summary of findings from claims data from the Medicare population and their utilization of advanced imaging procedures. This report will serve, in part, to help CMS establish priority clinical areas for the Medicare-appropriate use criteria program for advanced diagnostic imaging services. The analysis presented in this report is a cross-walk on claims data only, derived from the Chronic Condition Data Warehouse (CCW)'s 2014 Part B non-institutional claim line file. Starting with Healthcare Common Procedure Coding System (HCPCS) advanced imaging procedure codes from Medicare claims, the CAMH team identified the main diagnoses that emerged by volume of instances and used these to establish diagnosis groups. Those groupings allowed the CAMH team to correlate diagnoses to the most common procedures used in 2014. From this, it was surmised how the grouped diagnosis and attendant imaging workup related to everyday practice in terms of disease prevalence.

The CAMH team's analysis did not consider information found in the patient's medical record and did not have insight on the patient's medical history or their clinical outcomes after imaging. The picture that emerged, in terms of common diagnoses for the population receiving Medicare, is that advanced imaging procedures were reasonably matched to the grouped diagnosis codes the team developed, and the corresponding imaging modalities used to investigate them. This analysis to correlate imaging procedure codes with diagnoses groups derived from claims data pointed to the following as clinical areas to prioritize based on the frequency of occurrence: heart condition, back and neck pain, acute abdominal pain, malignancies, headache and/or head injury, stroke symptoms, pulmonary abnormalities, face and neck injury, and altered mental status.

Table of Contents

| | |
|--|-----------|
| 1. Introduction | 1 |
| 2. Methods | 2 |
| 3. Results | 5 |
| 3.1 Details on Top Procedures by Condition Group | 23 |
| 4. Discussion | 30 |
| Appendix A. Best Practice Guidelines Examples | 35 |
| Appendix B. Additional Breakdown Pie Charts | 36 |
| Acronyms | 40 |
| List of References | 41 |

List of Charts

| | |
|--|----|
| Chart 1. Cumulative Total of Top-20 Diagnoses Clustered into Condition Groups | 9 |
| Chart 2. Condition Group Diagnoses Percentage in Relation to Total Number of Diagnoses | 10 |
| Chart 3. Expanded Condition Group Diagnoses Percentage in Relation to Total Number of Diagnoses | 15 |
| Chart 4. Acute Abdominal Pain Primary Procedures | 23 |
| Chart 5. Stroke Symptoms Primary Procedures | 24 |
| Chart 6. Heart Condition Primary Procedures | 24 |
| Chart 7. Headache and/or Head Injury Primary Procedures | 25 |
| Chart 8. Altered Mental Status Primary Procedures | 25 |
| Chart 9. Malignancies Primary Procedures | 26 |
| Chart 10. Low back and Neck Pain Primary Procedures | 26 |
| Chart 11. Joint Pain Primary Procedures | 27 |
| Chart 12. Face and Neck Injury Primary Procedures | 27 |
| Chart 13. Pleural Effusion Primary Procedures | 28 |
| Chart 14. Pulmonary Abnormal Primary Procedures | 28 |
| Chart 15. Cumulative Total of Expanded Diagnoses Clustered into Condition Groups | 33 |

List of Tables

| | |
|--|----|
| Table 1. Medicare 2014 Top Diagnoses by Frequency | 5 |
| Table 2. Medicare 2014 Top Diagnoses by Frequency Sorted into Condition Groups | 7 |
| Table 3. Condition Grouping Totals | 8 |
| Table 4. Top Expanded Diagnoses by Frequency Sorted into Condition Groups | 11 |
| Table 5. Expanded Condition Grouping Totals | 14 |
| Table 6. Top Procedures by Expanded Condition Group | 16 |

1. Introduction

The Centers for Medicare & Medicaid Services (CMS), through its Coverage and Analysis Group, engaged the CMS Alliance to Modernize Healthcare (CAMH) Federally Funded Research and Development Center (FFRDC) to begin developing efficient and effective processes for managing current and future health technology assessments. To this end, Task Order 19, Health Technology Assessments (HTAs), was awarded to provide CMS access to timely and accurate health technology assessments that support national coverage determinations and other Medicare policies. The HTA project aligns to CMS's strategic objectives to expand coverage and to improve quality of care. It supports CMS's efforts to enhance access to reasonable and necessary technologies and services for beneficiaries that improve health outcomes, while safeguarding them from potential harms associated with technologies and services that are of questionable value and not proven to improve health outcomes.

The CAMH FFRDC operator provides CMS access to personnel with the breadth and depth of skill sets needed who are devoid of any potential conflict of interest to ensure that technical assessments remain free of intellectual and economic conflicts of interest. CMS relies on this CAMH FFRDC expertise and objectivity to conduct technology assessments that serve only the interests of the government and its beneficiary population. CAMH leveraged its Alliance Partners to bring together the expertise needed to prepare this technical report.

To help CMS establish priority clinical areas for the Medicare-appropriate use criteria program for advanced diagnostic imaging services, CAMH was asked to undertake an analysis of claims data from the Medicare population and their utilization of advanced imaging procedures. This report presents a summary of findings from the analysis. The data analysis began by first looking at the information from the perspective of the patient presenting to the physician's office with a chief complaint; this would register in our data as an International Classification of Diseases (ICD)-9 diagnosis code. The analysis was worked backwards from the ICD-9 diagnostic codes to group the complaints into categories based on similarities known from previous imaging workup on patients. For example, the CAMH team realized from preliminary analyses that the chief complaint of headache or head injury was associated with a computed tomography (CT) scan of the head 85-95% of the time, so this became a diagnostic group. Additional details on the methodology for the report are provided in the Methods section (Section 2).

The analysis presented in this report is a cross-walk on claims data only. Starting with all advanced imaging procedure codes from Medicare claims from 2014, the CAMH team identified the main diagnoses that emerged by volume of instances and used these to establish diagnosis groups. Those groupings allowed the CAMH team to correlate diagnoses to the most common procedures used in 2014. From this, we surmised how the grouped diagnosis and attendant imaging workup related to everyday practice in terms of disease prevalence.

The CAMH team's analysis did not consider information found in the patients' medical record and did not have insight on the patient's medical history or their clinical outcomes after imaging; however, the picture that emerged, in terms of common diagnoses for the population receiving Medicare, is that advanced imaging procedures were reasonably matched to the grouped diagnosis codes the team developed, and the corresponding imaging modalities used to investigate them.

2. Methods

The primary data source for this analysis is CMS's Chronic Conditions Data Warehouse (CCW). The CCW contains 100 percent of Medicare claims for beneficiaries who are enrolled in the fee-for-service (FFS) program.

Data was derived from the CCW's 2014 Part B non-institutional claim line file, which includes services covered by the Part B benefit that were furnished during calendar year 2014. This is the main file containing final action claims data for non-institutional providers including physicians, physician assistants, clinical social workers, nurse practitioners, independent clinical laboratories, and freestanding ambulatory surgical centers. This data was provided to MITRE by CMS.

The Part B non-institutional claim line file contains the individual line level information from the claim and includes Healthcare Common Procedure Coding System (HCPCS) code(s), ICD-9 diagnosis code(s), service dates, and line Medicare payment amount. The analysis focused on non-institutional claims data for a group of advanced imaging HCPCS codes provided by the CMS.

A given imaging service can appear in multiple lines within the claim line file. In order to avoid counting a single service more than once, claim lines with the same beneficiary identifier, HCPCS code, and service date, were combined into a single record.

The analysis provides a cross-tabulation of diagnosis codes and HCPCS codes. A non-institutional claim can have up to 25 diagnosis codes. This analysis used the Line Diagnosis Code variable, which is the diagnosis code that supports the procedure on the claim.

For each HCPCS code, the Service variable indicates the total sum of unduplicated services, advanced imaging procedures, furnished by non-institutional providers that had the indicated line diagnosis code. The corresponding Payment variable indicates the total Medicare payments made to non-institutional providers for those services.

The CAMH team used the aggregated Part B non-institutional claims data from 2014 to find the top (most frequent) diagnoses and associated procedures. The analysis was limited to claims from 2014; however, a comparative analysis was completed for 2013 data to ensure the inclusion of the top diagnoses from that year as well.

To best identify the potential clinical priority areas within the total count of 37,970,845 claims, the CAMH team limited the results to the top 20 diagnoses in 2014 as determined by the total count of each individual diagnosis provided in Part B non-institutional claims data. The list of top diagnoses included the top 20 diagnoses from 2014 with the addition of three diagnoses. The added diagnoses, 437.1 – Other generalized ischemic cerebrovascular disease, 592.00 – Calculus of kidney, and 562.10 – Diverticulosis of colon (without mention of hemorrhage), were found in the top 20 diagnoses for 2013, but were ranked 23, 25, and 28, respectively, in 2014.

Due to condition similarities among the top 20 diagnoses, the CAMH team generated specific, or focused, diagnoses groups by clustering individual ICD-9 codes into broader diagnostic groupings. The top 20 diagnoses results were grouped into the following categories, based on condition similarities:

- Heart condition

- Headache and/or head injury
- Acute abdominal pain
- Stroke symptoms
- Low back pain
- Pulmonary abnormal¹

The remaining top diagnoses as determined by count: 185.00 - Malignant neoplasm of prostate, 78097 – Altered mental status, 162.9 – Malignant neoplasm of bronchus and lung, unspecified, 959.09 – Injury of face and neck, and 511.9 – Unspecified pleural effusion, were not grouped and remained as individual diagnoses for the analysis. The ICD-9 codes were grouped based on similarity to represent the progression from examination and testing to diagnosis. The total number of diagnoses for each broader diagnostic grouping was found by calculating the sum of each diagnosis within the group.

To support these findings, the CAMH team also examined the diagnoses list beyond the top 20 to test if diagnoses with a frequency between 90,000 and 300,000 were enough to create new categories. As a result of this second assessment, we grouped all malignancies into one diagnosis category and added neck pain to the low back pain category.

During both assessments (top 20 diagnoses and beyond top 20), after the diagnoses were grouped, the CAMH team found the top five procedures for each diagnosis group by ranking the procedures based on number of procedures performed. Procedures: Q9966 Low osmolar contrast material, 200-299 milligrams (mg)/milliliters (ml) iodine concentration per ml; Q9967 Low osmolar contrast material, 300-399 mg/ml iodine concentration per ml; and A9579 Injection, gadolinium-based magnetic resonance contrast agent, not otherwise specified per ml, were also removed as they are not a procedure and only describe the material used for contrast.

Wherever possible, the procedures were grouped based on similarities of the imaging used. This was done in order to better illustrate the types of imaging procedures used for the diagnoses analyzed. The total number of services for the grouped procedures was done by calculating the sum of each procedure within the group.

The following list shows how grouped procedures were categorized (if needed) to generate the procedures breakdown pie charts:

- Cardiology Stress Testing:
 - 93018 Cardiology stress testing with interpretation & report only
 - 93016 Cardiology stress testing with physician without interpretation & reporting
 - 93015 Cardiology stress testing
- Magnetic Resonance Imaging (MRI) Brain:

¹ Pulmonary abnormal is a pre-diagnosis condition grouping comprised of codes indicating an initial abnormal finding that will likely be revised into a firm diagnosis subject to additional testing.

- 70551 MRI brain; non contrast
- 70553 MRI brain; with & without contrast
- CT Scan Abdomen and Pelvis:
 - 74176 CT scan, abdomen and pelvis; without contrast material
 - 74177 CT scan, abdomen and pelvis; with contrast material(s)
 - 74178 CT scan, abdomen and pelvis; without contrast material in one or both bodies
- MRI Lumbar:
 - 72148 MRI lumbar spine; non contrast
 - 72158 MRI lumbar spine; with & without contrast
- CT Scan Lumbar:
 - 72131 CT scan, lumbar spine; without contrast material
 - 72132 CT scan, lumbar spine; with contrast material
- CT Scan Thorax:
 - 71250 CT scan, thorax; without contrast material
 - 71260 CT scan, thorax; with contrast material(s)
- CT Scan Head or Brain:
 - 70450 CT scan, head or brain; without contrast material
 - 70470 CT scan, head or brain; without contrast, followed by contrast

3. Results

This section presents preliminary findings and recommendations from an analysis conducted on the subset of total Medicare non-institutional claims data with relevant imaging HCPCS codes provided by CMS for imaging services rendered during 2014.

Table 1 reflects the top 20 diagnoses, by frequency, associated with advanced imaging procedures for Medicare beneficiaries in 2014. The total number shows the frequency of these top diagnosis in descending order. The CAMH team opted to first examine the top 20 diagnoses by frequency under the assumption that it would allow us to establish the main categories of patient's complaints during a doctor's visit. Although the team did not have the ordering physician's claim data available, they extrapolated from the furnishing physician's claim the original patient's complaint based on the association between the imaging procedure and the diagnosis code on the furnishing physician's claim. For example, if the furnishing physician's claim was for a low back pain diagnosis and lumbar MRI was the common modality in those claims, it was assumed the patient presented low back pain during the initial doctor's visit.

Table 1. Medicare 2014 Top Diagnoses by Frequency

| Ranking | Diagnosis | Count |
|---------|---|-----------|
| 1 | 786.50 - Chest pain NOS | 2,073,830 |
| 2 | 784.00 - Headache | 962,247 |
| 3 | 789.00 - Abdominal pain unspecified site | 953,023 |
| 4 | 414.01 - CORONARY ATHEROSCLEROSIS OF NATIVE CORONARY ARTERY | 911,117 |
| 5 | 786.05 - Shortness of breath | 880,408 |
| 6 | 185.00 - MALIGNANT NEOPLASM OF PROSTATE | 877,637 |
| 7 | 959.01 - Head injury NOS | 785,735 |
| 8 | 780.97 - Altered mental status | 674,437 |
| 9 | 434.91 - CEREBRAL ARTERY OCCLUSION UNSPECIFIED WITH CEREBRAL INFARCTION | 585,554 |
| 10 | 780.4 - Dizziness and giddiness | 532,386 |
| 11 | 162.9 - MALIGNANT NEOPLASM OF BRONCHUS AND LUNG UNSPECIFIED | 510,519 |
| 12 | 794.31 - NONSPECIFIC ABNORMAL ELECTROCARDIOGRAM (ECG) (EKG) | 505,852 |
| 13 | 414.00 - CORONARY ATHEROSCLEROSIS OF UNSPECIFIED TYPE OF VESSEL NATIVE OR GRAFT | 461,459 |
| 14 | 793.19 - OTHER NONSPECIFIC ABNORMAL FINDING OF LUNG FIELD | 455,388 |
| 15 | 722.10 - Lumbar disc displacement | 445,200 |
| 16 | 959.09 - Face & neck injury | 359,886 |
| 17 | 780.2 - Syncope and collapse | 350,693 |
| 18 | 722.52 - DEGENERATION OF LUMBAR OR LUMBOSACRAL INTERVERTEBRAL DISC | 348,407 |
| 19 | 511.9 - Pleural effusion NOS | 348,286 |
| 20 | 793.11 - Solitary pulmonary nodule | 347,034 |
| 23 | 437.1 - OTHER GENERALIZED ISCHEMIC CEREBROVASCULAR DISEASE | 308,800 |
| 25 | 592.00 - Calculus of kidney | 296,366 |
| 28 | 562.10 - DIVERTICULOSIS OF COLON (WITHOUT HEMORRHAGE) | 290,055 |

Although the CAMH team limited our analysis to 2014 data, to better contextualize these findings temporally, a brief comparative assessment was run on 2013 data. Three diagnoses in the top 20 of 2013 did not carry over into 2014. These were included in our count (numbers 23, 25, and 28 in Table 1) since they belong in the group created for Acute Abdominal conditions.

Each row presents the diagnosis with its formal name and associated ICD-9 code, along with the total number of instances it appeared on the claims data analyzed. This indicated the number of instances the diagnosis was associated with an advanced imaging procedure on a claim submitted to Medicare in 2014.

The CAMH team generated specific, or focused, diagnoses groups by clustering individual ICD-9 codes into broader condition groupings and color coded them accordingly. For instance, “786.50 – Chest pain NOS”² belongs to the diagnoses group *Heart condition* to allow for additional analysis based on larger diagnoses or condition groups.

Table 2 takes those 23 top diagnoses and sorts them into the broader condition groups and color codes them, (color coding is consistent across the report).

² NOS is Not Otherwise Specified.

Table 2. Medicare 2014 Top Diagnoses by Frequency Sorted into Condition Groups

| Ranking | Condition Group | Diagnosis | Count |
|---------|---|---|-----------|
| 1 | Heart Condition | 786.50 - Chest pain NOS | 2,073,830 |
| 4 | | 414.01 - CORONARY ATHEROSCLEROSIS OF NATIVE CORONARY ARTERY | 911,117 |
| 5 | | 786.05 - Shortness of breath | 880,408 |
| 12 | | 794.31 - NONSPECIFIC ABNORMAL ELECTROCARDIOGRAM (ECG) (EKG) | 505,852 |
| 13 | | 414.00 - CORONARY ATHEROSCLEROSIS OF UNSPECIFIED TYPE OF VESSEL NATIVE OR GRAFT | 461,459 |
| 2 | Headache and/or Head injury | 784.00 - Headache | 962,247 |
| 7 | | 959.01 - Head injury NOS | 785,735 |
| 10 | | 780.4 - Dizziness and giddiness | 532,386 |
| 3 | Acute abdominal pain | 789.00 - Abdominal pain unspecified site | 953,023 |
| 25 | | 592.00 - Calculus of kidney | 296,366 |
| | | 562.10 - DIVERTICULOSIS OF COLON (WITHOUT HEMORRHAGE) | 290,055 |
| 9 | Stroke symptoms | 434.91 - CEREBRAL ARTERY OCCLUSION UNSPECIFIED WITH CEREBRAL INFARCTION | 585,554 |
| 17 | | 780.2 - Syncope and collapse | 350,693 |
| 23 | | 437.1 - OTHER GENERALIZED ISCHEMIC CEREBROVASCULAR DISEASE | 308,800 |
| 6 | Malignant neoplasm of prostate | 185.00 - MALIGNANT NEOPLASM OF PROSTATE | 877,637 |
| 14 | Pulmonary abnormal | 793.19 - OTHER NONSPECIFIC ABNORMAL FINDING OF LUNG FIELD | 455,388 |
| 20 | | 793.11 - Solitary pulmonary nodule | 347,034 |
| 15 | Low back pain | 722.10 - Lumbar disc displacement | 445,200 |
| 18 | | 722.52 - DEGENERATION OF LUMBAR OR LUMBOSACRAL INTERVERTEBRAL DISC | 348,407 |
| 8 | Altered mental status | 780.97 - Altered mental status | 674,437 |
| 11 | Malignant neoplasm of bronchus/lung NOS | 162.9 - MALIGNANT NEOPLASM OF BRONCHUS AND LUNG UNSPECIFIED | 510,519 |
| 16 | Face & neck injury | 959.09 - Face & neck injury | 359,886 |
| 19 | Pleural effusion | 511.9 - Pleural effusion NOS | 348,286 |

The cumulative total of the number of diagnoses associated with advanced imaging ordering for each of the monitored condition groups is shown in Table 3. The groups were labeled as follows: *Heart condition*, *Headache and/or Head injury*, *Acute abdominal pain*, *Stroke symptoms*, *Pulmonary abnormal*, and *Low back pain*. The following 5 diagnoses were not grouped and remained standalone diagnoses with significant counts in 2014: 185.00 – Malignant neoplasm of prostate, 780.97– Altered mental status, 162.9 – Malignant neoplasm of bronchus and lung unspecified, 959.09 – Face and neck injury, and 511.9 - Pleural effusion NOS.

Table 3. Condition Grouping Totals

| Grouping Total Diagnoses | Count |
|---|-----------|
| Heart condition | 4,832,666 |
| Headache and/or Head injury | 2,280,368 |
| Acute abdominal pain | 1,539,444 |
| Stroke symptoms | 1,245,047 |
| Malignant neoplasm of the prostate | 877,637 |
| Pulmonary abnormal | 802,422 |
| Low back pain | 793,607 |
| Altered mental status | 674,437 |
| Malignant neoplasm of bronchus/lung NOS | 510,519 |
| Face & neck injury | 359,886 |
| Pleural effusion NOS | 348,286 |

The rationale for grouping similar ICD-9 codes was to simulate the natural progression of a patient presenting to the physician with a complaint, and the complaint being worked up by history, physical exam, laboratory testing, and imaging, thereby reaching a diagnosis based on the complete workup.

In one scenario, a patient might present with acute abdominal pain, for example, and the physical exam might indicate pain localized to the left lower quadrant. Blood work would show an elevated white blood cell count with a left shift, and a CT scan of the abdomen would demonstrate that the cause of the presenting symptom is actually acute diverticulitis. Similarly, complaints of acute abdominal pain might be shown to represent appendicitis, ischemic colitis, or bowel obstruction, following the same clinical algorithm. Therefore, the CAMH team elected to group the top causes of acute abdominal pain together since the workup and presentation are very similar.

This grouping model works well for the other categories, such as *Heart condition*, where a similar investigative protocol results in the diagnosis of multiple related conditions, such as coronary artery ischemic attack, heart failure, or angina.

The purpose of grouping similar diagnoses was to demonstrate that not only are they alike in symptomatology, but the modes of imaging investigation also correlate. For example, in the grouped diagnosis *Acute abdominal pain*, this includes such diagnostic codes as acute diverticulitis, kidney stone, and bowel obstruction. All of these conditions will present with abdominal pain, and nearly all of the patients received a CT scan. In many cases, the CT results either determined the actual cause of nonspecific complaints, or confirmed the suspected cause, such as acute appendicitis.

The largest category of grouped diagnoses, *Heart condition*, deserves further discussion. This designation includes the diagnosis codes for chest pain, coronary artery atherosclerosis of the native vessel or graft, shortness of breath, and abnormal electrocardiogram in descending order of frequency. As shown in Chart 1, procedure codes frequency reflects the significance of the high prevalence of heart disease in the Medicare population, with over four million exams performed for this grouped diagnosis.

Chart 1 presents the condition grouping totals table in graph form. The total number of diagnosis instances associated with advanced imaging of each condition group is presented, allowing us to better compare relative sizes of the groups.

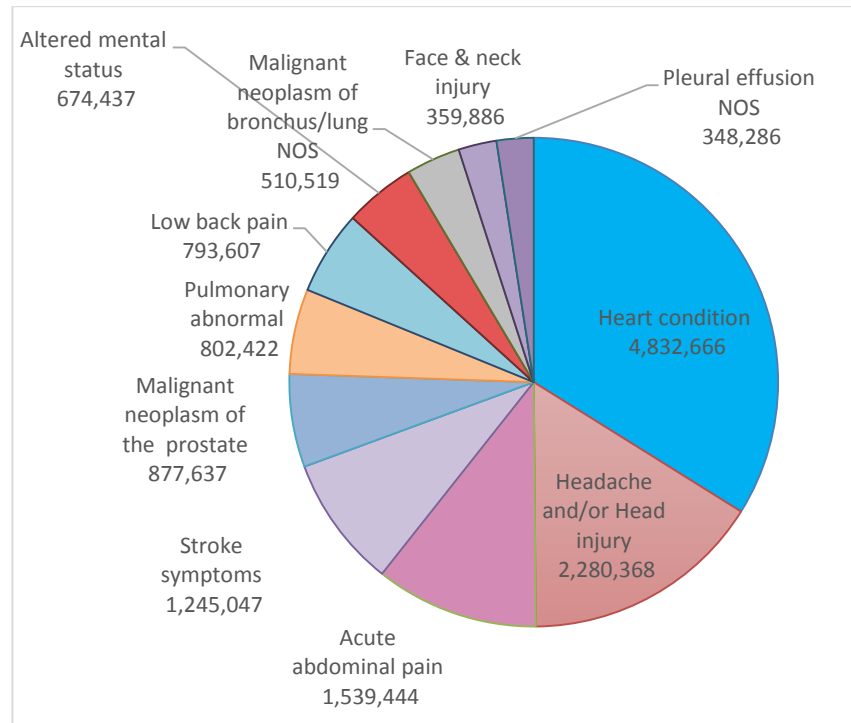


Chart 1. Cumulative Total of Top-20 Diagnoses Clustered into Condition Groups

Please note that the combined group *Heart condition* represents about one third of all imaging-related diagnoses of the top diagnoses analyzed. This was expected since heart disease is the number one cause of death in America, and particularly the Medicare aged population [1]. Also of interest, the categories *Headache and/or Head injury*, *Altered mental status*, and *Stroke symptoms* (all of which are associated with CT scan of the head), together represent another 1/3 of imaging-related diagnoses. The association between this last set of complaints and the rapidly increasing number of elderly patients with Alzheimer's disease may be worth further exploration.

To put these diagnoses numbers into better context, Chart 2 shows the overall percentages of the condition groups in the context of total advanced imaging procedures ordered. Of note is that only 38% of all conditions analyzed are in the top 20.

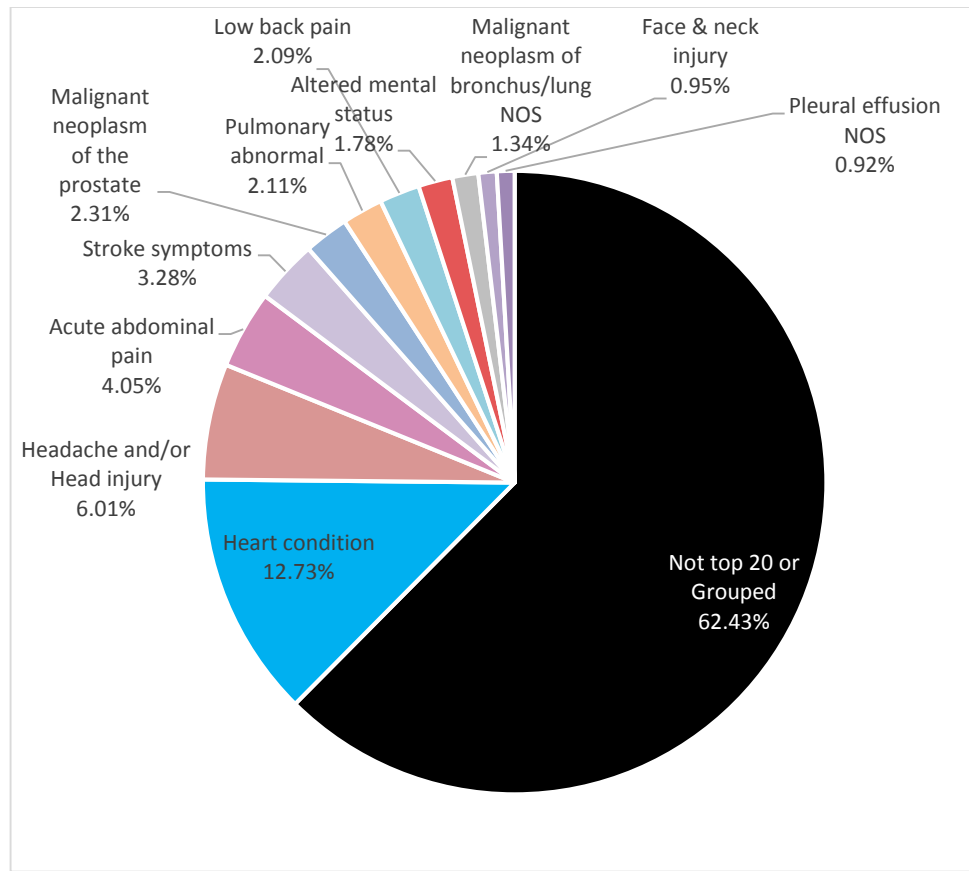


Chart 2. Condition Group Diagnoses Percentage in Relation to Total Number of Diagnoses

When the CAMH team examined the pie chart depicting the top condition group percentages among the overall number of diagnoses associated with advanced imaging procedures, we recognized that 62% of the diagnoses were not grouped (see Chart 2). Because this non-grouped set of diagnoses was so large, the CAMH team needed to further analyze it. We discovered that reviewing the diagnoses occurring in frequency from 300,000 down to about 90,000 instances, we were able to further characterize many of these diagnoses into our original eleven diagnosis groups, reducing it to ten groups by combining all forms of malignancy. The team also added neck pain to the existing *Low back pain* category. In this way, we were able to reduce the 62% of diagnoses not grouped to 33% (see Chart 3). For diagnoses that occurred less than 100,000 times, we did not go through the exercise, as these are likely to be less statistically significant given their small numbers.

Table 4 shows how the diagnoses groups were expanded by adding diagnoses occurring less than 300,000 instances or count. New categories of diagnoses with lower counts were also included in this table.

Table 4. Top Expanded Diagnoses by Frequency Sorted into Condition Groups

| Condition Group | Diagnoses (over 90,000 instances) | Count |
|----------------------|---|-----------|
| Heart condition | 786.50 - Chest pain NOS | 2,073,830 |
| | 414.01 - CORONARY ATHEROSCLEROSIS OF NATIVE CORONARY ARTERY | 911,117 |
| | 786.05 - Shortness of breath | 880,408 |
| | 794.31 - NONSPECIFIC ABNORMAL ELECTROCARDIOGRAM (ECG) (EKG) | 505,852 |
| | 414.00 - CORONARY ATHEROSCLEROSIS OF UNSPECIFIED TYPE OF VESSEL NATIVE OR GRAFT | 461,459 |
| | 413.9 - OTHER AND UNSPECIFIED ANGINA PECTORIS | 294,705 |
| | 786.59 - OTHER CHEST PAIN | 294,184 |
| | 427.31 - Atrial fibrillation | 195,250 |
| | 786.51 - Precordial pain | 186,871 |
| | V72.81 - PRE-OPERATIVE CARDIOVASCULAR EXAMINATION | 101,486 |
| Low back & neck pain | 722.10 - Lumbar disc displacement | 445,200 |
| | 722.52 - DEGENERATION OF LUMBAR OR LUMBOSACRAL INTERVERTEBRAL DISC | 348,407 |
| | 724.2 - Lumbago | 314,838 |
| | 724.02 - SPINAL STENOSIS, LUMBAR REGION, WITHOUT NEUROGENIC CLAUDICATION | 269,214 |
| | 721.3 - LUMBOSACRAL SPONDYLOSIS WITHOUT MYELOPATHY | 261,644 |
| | 721.00 - CERVICAL SPONDYLOSIS WITHOUT MYELOPATHY | 200,762 |
| | 722.4 - DEGENERATION OF CERVICAL INTERVERTEBRAL DISC | 199,170 |
| | 724.4 - THORACIC OR LUMBOSACRAL NEURITIS OR RADICULITIS UNSPECIFIED | 191,134 |
| | 719.45 - Joint pain-pelvis | 180,717 |
| | 722.00 - Cervical disc displacement | 135,434 |
| | 724.5 - Backache NOS | 121,934 |
| | 782.00 - DISTURBANCE OF SKIN SENSATION | 119,557 |
| | 723.00 - Cervical spinal stenosis | 101,696 |
| 729.5 - Pain in limb | 92,735 | |
| Acute abdominal pain | 789.00 - ABDOMINAL PAIN UNSPECIFIED SITE | 953,023 |
| | 592.00 - Calculus of kidney | 296,366 |
| | 562.10 - DIVERTICULOSIS OF COLON (WITHOUT HEMORRHAGE) | 290,055 |
| | 789.09 - ABDOMINAL PAIN OTHER SPECIFIED SITE | 244,273 |
| | 574.20 - Cholelithiasis NOS | 208,354 |
| | 441.4 - ABDOMINAL ANEURYSM WITHOUT RUPTURE | 181,572 |
| | 599.70 - Hematuria NOS | 119,378 |

| Condition Group | Diagnoses (over 90,000 instances) | Count |
|-----------------------------|---|---------|
| | 593.9 - UNSPECIFIED DISORDER OF KIDNEY AND URETER | 118,821 |
| | 789.59 - OTHER ASCITES | 116,006 |
| | 591.00 - Hydronephrosis | 99,634 |
| | 789.07 - Abdominal pain generalized | 93,311 |
| | 592.1 - Calculus of ureter | 90,818 |
| Malignancies | 185.00 - MALIGNANT NEOPLASM OF PROSTATE | 877,637 |
| | 162.9 - MALIGNANT NEOPLASM OF BRONCHUS AND LUNG UNSPECIFIED | 510,519 |
| | 174.9 - MALIGNANT NEOPLASM OF BREAST (FEMALE) UNSPECIFIED SITE | 305,529 |
| | 202.80 - OTHER MALIGNANT LYMPHOMAS UNSPECIFIED SITE | 223,174 |
| | 153.9 - MALIGNANT NEOPLASM OF COLON UNSPECIFIED SITE | 152,546 |
| | 785.6 - Enlargement lymph nodes | 148,027 |
| | 162.3 - MALIGNANT NEOPLASM OF UPPER LOBE BRONCHUS OR LUNG | 142,008 |
| | 198.5 - SECONDARY MALIGNANT NEOPLASM OF BONE AND BONE MARROW | 140,983 |
| | 189.0 - MALIGNANT NEOPLASM OF KIDNEY EXCEPT PELVIS | 106,106 |
| | 733.13 - PATHOLOGICAL FRACTURE OF VERTEBRAE | 98,626 |
| | 188.9 - MALIGNANT NEOPLASM OF BLADDER PART UNSPECIFIED | 91,464 |
| Headache and/or head injury | 784.0 - Headache | 962,247 |
| | 959.01 - Head injury NOS | 785,735 |
| | 780.4 - Dizziness and giddiness | 532,386 |
| | 780.39 - OTHER CONVULSIONS | 142,353 |
| | 432.1 - Subdural hemorrhage | 110,141 |
| | 473.9 - Chronic sinusitis NOS | 94,400 |
| | 793.0 - NONSPECIFIC (ABNORMAL) FINDINGS ON RADIOLOGICAL AND OTHER EXAMINATION OF SKULL AND HEAD | 91,338 |
| Stroke symptoms | 434.91 - CEREBRAL ARTERY OCCLUSION UNSPECIFIED WITH CEREBRAL INFARCTION | 585,554 |
| | 780.2 - Syncope and collapse | 350,693 |
| | 437.1 - OTHER GENERALIZED ISCHEMIC CEREBROVASCULAR DISEASE | 308,800 |
| | 780.09 - ALTERATION OF CONSCIOUSNESS OTHER | 225,278 |
| | 435.9 - UNSPECIFIED TRANSIENT CEREBRAL ISCHEMIA | 219,095 |
| | 348.89 - OTHER CONDITIONS OF BRAIN | 214,428 |
| | 433.10 - OCCLUSION AND STENOSIS OF CAROTID ARTERY WITHOUT CEREBRAL INFARCTION | 184,395 |

| Condition Group | Diagnoses (over 90,000 instances) | Count |
|-----------------------|---|---------|
| | 331.9 - CEREBRAL DEGENERATION UNSPECIFIED | 180,873 |
| | 780.93 - Memory loss | 114,723 |
| | 431.00 - Intracerebral hemorrhage | 92,319 |
| Pulmonary abnormal | 793.19 - OTHER NONSPECIFIC ABNORMAL FINDING OF LUNG FIELD | 455,388 |
| | 793.11 - Solitary pulmonary nodule | 347,034 |
| | 51889 - Other lung disease not elsewhere classified (NEC) | 262,038 |
| | 78609 - Respiratory abnorm NEC | 258,766 |
| | 5180 - Pulmonary collapse | 149,180 |
| | 4928 - Emphysema NEC | 130,040 |
| | 486 - Pneumonia, organism NOS | 108,858 |
| | 41519 - Pulm embol/infarct NEC | 99,033 |
| Face & neck injury | 959.09 - Face & neck injury | 359,886 |
| | 723.1 - Cervicalgia | 338,880 |
| | 784.2 - Swelling in head & neck | 196,720 |
| | 920.00 - Contusion face/scalp/neck | 156,191 |
| Altered mental status | 780.97 - Altered mental status | 674,437 |
| Joint pain | 71946 - PAIN IN JOINT INVOLVING LOWER LEG | 141,112 |
| | 719.41 - PAIN IN JOINT INVOLVING SHOULDER REGION | 137,459 |
| | 836.0 - TEAR OF MEDIAL CARTILAGE OR MENISCUS OF KNEE CURRENT | 90,920 |
| Pleural effusion NOS | 511.9 - Pleural effusion NOS | 348,286 |
| Suspected condition | V71.4 - OBSERVATION FOLLOWING OTHER ACCIDENT | 161,645 |
| | 959.9 - Injury-site NOS | 116,478 |
| Kidney condition | 593.2 - Cyst of kidney, acquired | 164,703 |
| | 996.73 - OTHER COMPLICATIONS DUE TO RENAL DIALYSIS DEVICE IMPLANT AND GRAFT | 104,100 |
| Malaise and fatigue | 780.79 - Other Malaise and fatigue | 208,861 |
| Chest swelling | 786.6 - SWELLING MASS OR LUMP IN CHEST | 171,514 |
| Head injury & stroke | 298.9 - Psychosis NOS | 170,665 |
| Liver condition | 573.8 - OTHER SPECIFIED DISORDERS OF LIVER | 165,933 |
| Injury NOS | 959.19 - OTHER AND UNSPECIFIED INJURY OF OTHER SITES OF TRUNK | 100,292 |

Table 5 shows the expanded groupings total counts.

Table 5. Expanded Condition Grouping Totals

| Grouped Diagnoses (by similarity of symptoms) | Count |
|---|-----------|
| Heart condition | 5,905,162 |
| Low back & neck pain | 2,982,442 |
| Acute abdominal pain | 2,811,611 |
| Malignancies | 2,796,619 |
| Headache and/or head injury | 2,718,600 |
| Stroke symptoms | 2,476,158 |
| Pulmonary abnormal | 1,810,337 |
| Face & neck injury | 1,051,677 |
| Altered mental status | 674,437 |
| Joint pain | 369,491 |
| Pleural effusion NOS | 348,286 |
| Suspected condition | 278,123 |
| Kidney condition | 268,803 |
| Malaise and fatigue | 208,861 |
| Chest swelling | 171,514 |
| Head injury & stroke | 170,665 |
| Liver condition | 165,933 |
| Injury NOS | 100,292 |

The results of the second assessment of condition groups in percentages is shown in Chart 3. This shows the 33% non-grouped diagnoses occurring at a count below 90,000, considered too low for our analysis to establish priority clinical areas for advanced imaging guidance.

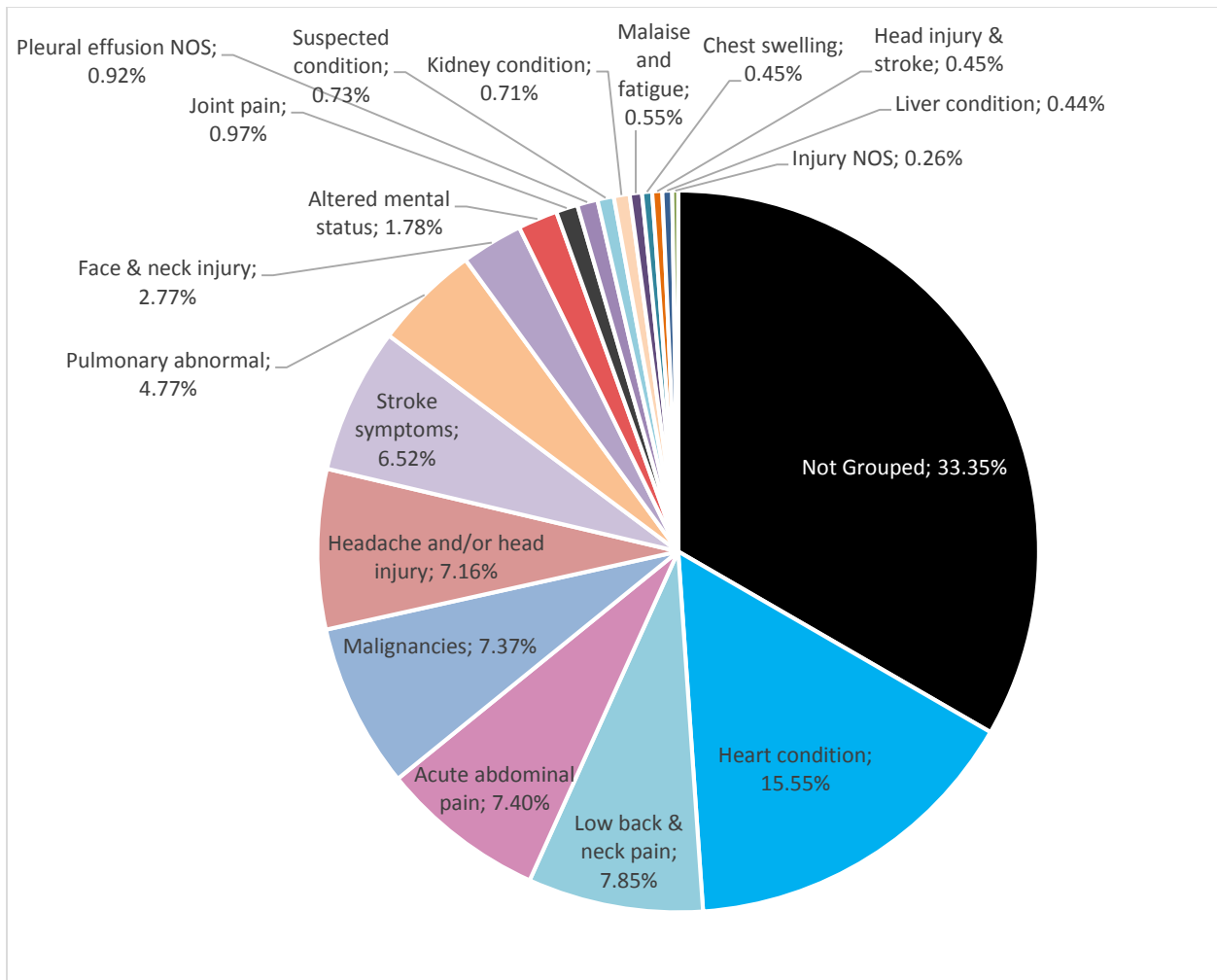


Chart 3. Expanded Condition Group Diagnoses Percentage in Relation to Total Number of Diagnoses

Based on these established condition groupings, the list of the top procedures associated with each condition group is shown in Table 6. The table is sorted by condition group and provides the top five advanced imaging procedures (by volume) associated with each group according to the Medicare claims data submitted to CMS in 2014.

Table 6. Top Procedures by Expanded Condition Group

Note: The top five procedures are listed per diagnosis condition group; red items are ones removed from the procedure counts.

| HCPCS Code and Procedure Detail | Count | Procedure Grouping (Where Applicable) |
|---|-----------|--|
| Heart condition | | |
| 78452 - Myocardial perfusion imaging, tomographic (SPECT) | 1,739,130 | Myocardial perfusion imaging, tomographic (SPECT) |
| 93018 - Cardiology stress testing interpretation & report only | 1,065,525 | Cardiology stress test |
| 93015 - Cardiology stress testing | 933,738 | Cardiology stress test |
| 93016 - Cardiology stress testing with physician without interpretation & reporting | 929,488 | Cardiology stress test |
| 71275 - CT angiography, chest (non-coronary), with contrast material(s), including | 370,602 | CT angiography, chest (non-coronary), with contrast material(s), |
| Acute abdominal pain | | |
| 74176 - CT scan, abdomen and pelvis; without contrast material | 1,132,034 | CT scan, abdomen and pelvis |
| 74177 - CT scan, abdomen and pelvis; with contrast material(s) | 846,497 | CT scan, abdomen and pelvis |
| 74178 - CT scan, abdomen and pelvis; without contrast material in one or both body | 216,269 | CT scan, abdomen and pelvis |
| Q9967 - Low osmolar contrast material, 300-399 mg/ml iodine concentration, per ml | 133,462 | Removed |
| 74174 - CT angiography, abdomen and pelvis, with contrast material(s), including | 73,686 | CT Angiography, abdomen and pelvis, with contrast material(s) |
| 78227 - Hepatobiliary system imaging, including gallbladder when present, | 35,275 | Hepatobiliary system imaging |
| Headache and/or Head injury | | |
| 70450 - CT scan, head or brain; without contrast material | 1,922,947 | CT scan, head or brain; without contrast material |
| 70551 - MRI brain; non contrast | 187,497 | MRI brain |
| 70553 - MRI brain; with and without (w&wo) contrast | 165,481 | MRI brain |

| HCPCS Code and Procedure Detail | Count | Procedure Grouping (Where Applicable) |
|--|--------------|--|
| 70486 - CT scan, maxillofacial area; without contrast material | 130,010 | CT scan, maxillofacial area; without contrast material |
| 70544 - MRA angiogram brain - MRA, MRV; non contrast | 53,569 | MRA angiogram brain - MRA, MRV; non contrast |
| Low back and neck pain | | |
| 72148 - MRI lumbar spine; non contrast | 1,044,061 | MRI lumbar |
| 72141 - MRI CSF flow; non contrast | 359,027 | MRI CSF flow; non contrast |
| 72131 - CT scan, lumbar spine; without contrast material | 256,668 | CT scan, lumbar spine; without contrast material |
| 72158 - MRI lumbar spine; w&wo contrast | 197,633 | MRI lumbar |
| 72125 - CT scan, cervical spine; without contrast material | 180,589 | CT scan, cervical spine; without contrast material |
| Malignancies | | |
| 77014 - CT guidance for placement of radiation fields | 797,712 | CT guidance for placement of radiation fields |
| 71260 - CT scan, thorax; with contrast material(s) | 330,514 | CT scan, thorax; with contrast material(s) |
| 74177 - CT scan, abdomen and pelvis; with contrast material(s) | 258,556 | CT scan, abdomen and pelvis; with contrast material(s) |
| 78815 - PET with concurrently acquired CT; skull base to mid-thigh | 242,145 | PET with concurrently acquired CT; skull base to mid-thigh |
| 78306 - Bone scan whole body | 159,147 | Bone scan whole body |
| Stroke symptoms | | |
| 70450 - CT scan, head or brain; without contrast material | 1,210,490 | CT scan, head or brain; without contrast material |
| 70551 - MRI brain; non-contrast | 399,155 | MRI brain |

| HCCPS Code and Procedure Detail | Count | Procedure Grouping (Where Applicable) |
|--|---------------|--|
| 70553 - MRI brain; w&wo contrast | 234,670 | MRI brain |
| 70544 - MRA angiogram brain - MRA, MRV; non-contrast | 131,635 | MRA angiogram brain - MRA, MRV; non-contrast |
| 70498 - CT angiography, neck, with contrast material(s), including non-contrast | 96,835 | (CT) angiography, neck, with contrast material(s), including non-contrast |
| Pulmonary abnormal | | |
| 71250 - CT scan, thorax; without contrast material | 695,282 | CT scan, thorax |
| 71260 - CT scan, thorax; with contrast material(s) | 437,957 | CT scan, thorax |
| 71275 - CT angiography, chest (non-coronary), with contrast material(s), including | 198,471 | CT angiography, chest (non-coronary), with contrast material(s), including |
| Q9967 - Low osmolar contrast material, 300-399 mg/ml iodine concentration, per ml | 62,885 | Removed |
| 78815 - PET with concurrently acquired CT; skull base to mid-thigh | 50,651 | PET with concurrently acquired CT; skull base to mid-thigh |
| 78452 - Myocardial perfusion imaging, tomographic (SPECT) | 50,607 | Myocardial perfusion imaging, tomographic (SPECT) |
| Face and neck injury | | |
| 72125 - CT scan, cervical spine; without contrast material | 486,541 | CT scan, cervical spine; without contrast material |
| 70450 - CT scan, head or brain; without contrast material | 190,170 | CT scan, head or brain; without contrast material |
| 70486 - CT scan, maxillofacial area; without contrast material | 86,213 | CT scan, maxillofacial area; without contrast material |
| 72141 - MRI CSF flow; non-contrast | 82,751 | MRI CSF flow; non-contrast |

| HCPCS Code and Procedure Detail | Count | Procedure Grouping (Where Applicable) |
|--|--------------|--|
| 70491 - CT scan, soft tissue neck; with contrast material(s) | 54,706 | CT scan, soft tissue neck; with contrast material(s) |
| Altered mental status | | |
| 70450 - CT scan, head or brain; without contrast material | 577,841 | CT scan, brain |
| 70551 - MRI brain; non-contrast | 41,587 | MRI brain |
| 70553 - MRI brain; w&wo contrast | 20,024 | MRI brain |
| 70470 - CT scan, head or brain; without contrast material, followed by contrast | 5,957 | CT scan, brain |
| 72125 - CT scan, cervical spine; without contrast material | 5,028 | CT scan, cervical spine; without contrast material |
| Joint pain | | |
| 73721 - MRI joint-upper (hip, knee, ankle); non-contrast | 188,660 | MRI joint-upper (hip, knee, ankle); non-contrast |
| 73221 - MRI joint-upper (shoulder, elbow, wrist); non-contrast | 95,001 | MRI joint-upper (shoulder, elbow, wrist); non-contrast |
| 73200 - CT scan, upper extremity; without contrast material | 11,332 | CT scan, upper extremity; without contrast material |
| 73700 - CT scan, lower extremity; without contrast material | 11,006 | CT scan, lower extremity; without contrast material |
| 78315 - Bone and/or joint imaging; 3 phase study | 10,885 | Bone and/or joint imaging; 3 phase study |
| Pleural effusion NOS | | |
| 71250 - CT scan, thorax; without contrast material | 170,829 | CT scan, thorax |
| 71260 - CT scan, thorax; with contrast material(s) | 94,558 | CT scan, thorax |
| 71275 - CT angiography, chest (non-coronary), with contrast material(s), including | 46,847 | CT angiography, chest (non-coronary), with contrast material(s), including |

| HCPCS Code and Procedure Detail | Count | Procedure Grouping (Where Applicable) |
|--|----------------|---|
| 74176 - CT scan, abdomen and pelvis; without contrast material | 5,253 | CT scan, abdomen and pelvis |
| 74177 - CT scan, abdomen and pelvis; with contrast material(s) | 5,021 | CT scan, abdomen and pelvis |
| Suspected condition | | |
| 70450 - CT scan, head or brain; without contrast material | 124,002 | CT scan, head or brain; without contrast material |
| 72125 - CT scan, cervical spine; without contrast material | 79,850 | CT scan, cervical spine; without contrast material |
| 74177 - CT scan, abdomen and pelvis; with contrast material(s) | 10,816 | CT scan, abdomen and pelvis; with contrast material(s) |
| 72131 - CT scan, lumbar spine; without contrast material | 9,667 | CT scan, lumbar spine; without contrast material |
| 70486 - CT scan, maxillofacial area; without contrast material | 8,885 | CT scan, maxillofacial area; without contrast material |
| Kidney condition | | |
| Q9967 - Low osmolar contrast material, 300-399 mg/ml iodine concentration, per ml | 112,255 | Removed |
| 74177 - CT scan, abdomen and pelvis; with contrast material(s) | 41,230 | CT scan, abdomen and pelvis |
| 74176 - CT scan, abdomen and pelvis; without contrast material | 36,449 | CT scan, abdomen and pelvis |
| 74178 - CT scan, abdomen and pelvis; without contrast material in one or both body | 27,766 | CT scan, abdomen and pelvis |
| 74183 - MRI abdomen; w&wo contrast | 12,282 | MRI abdomen; w&wo contrast |
| Q9966 - Low osmolar contrast material, 200-299 mg/ml iodine concentration, per ml | 7,538 | Removed |
| 74170 - CT scan, abdomen; without contrast material, followed by contrast material(s) | 6,990 | CT scan, abdomen; without contrast material, followed by contrast material(s) |

| HCPCS Code and Procedure Detail | Count | Procedure Grouping (Where Applicable) |
|---|--------------|---|
| Malaise and fatigue | | |
| 70450 - CT scan, head or brain; without contrast material | 144,310 | CT scan, head or brain; without contrast material |
| 70551 - MRI brain; non-contrast | 15,803 | MRI brain |
| 70553 - MRI brain; w&wo contrast | 7,451 | MRI brain |
| 70544 - MRA angiogram brain - MRA, MRV; non-contrast | 3,066 | MRA angiogram brain - MRA, MRV; non-contrast |
| 70496 - CT angiography, head, with contrast material(s), including non-contrast | 2,572 | CT angiography, head, with contrast material(s), including non-contrast |
| Head injury & stroke | | |
| 70450 - CT scan, head or brain; without contrast material | 137,222 | CT scan, head or brain |
| 70551 - MRI brain; non-contrast | 15,269 | MRI brain |
| 70553 - MRI brain; w&wo contrast | 8,401 | MRI brain |
| 70470 - CT scan, head or brain; without contrast material, followed by contrast | 2,571 | CT scan, head or brain |
| 70544 - MRA angiogram brain - MRA, MRV; non-contrast | 1,662 | MRA angiogram brain - MRA, MRV; non-contrast |
| Chest swelling | | |
| 71260 - CT scan, thorax; with contrast material(s) | 48,630 | CT scan, thorax |
| 71250 - CT scan, thorax; without contrast material | 44,519 | CT scan, thorax |
| 77012 - CT guidance for needle placement, radiological supervision and interpretation | 36,797 | CT guidance for needle placement, radiological supervision and interpretation |
| Q9967 - Low osmolar contrast material, 300-399 mg/ml iodine concentration, per ml | 7,142 | Removed |

| HCPCS Code and Procedure Detail | Count | Procedure Grouping (Where Applicable) |
|---|--------------|---|
| 78815 - PET with concurrently acquired CT; skull base to mid-thigh | 6,214 | PET with concurrently acquired CT; skull base to mid-thigh |
| 71275 - CT angiography, chest (non-coronary), with contrast material(s), including | 5,806 | CT angiography, chest (non-coronary), with contrast material(s), including |
| Liver condition | | |
| 74177 - CT scan, abdomen and pelvis; with contrast material(s) | 49,873 | CT scan, abdomen and pelvis |
| 74183 - MRI abdomen; w&wo contrast | 23,886 | MRI abdomen; w&wo contrast |
| 74176 - CT scan, abdomen and pelvis; without contrast material | 20,842 | CT scan, abdomen and pelvis |
| 74178 - CT scan, abdomen and pelvis; without contrast material in one or both body | 12,701 | CT scan, abdomen and pelvis |
| 77012 - CT guidance for needle placement, radiological supervision and interpretation | 11,708 | CT guidance for needle placement, radiological supervision and interpretation |
| Injury NOS | | |
| 72131 - CT scan, lumbar spine; without contrast material | 33,470 | CT scan, lumbar spine; without contrast material |
| 72128 - CT scan, thoracic spine; without contrast material | 22,467 | CT scan, thoracic spine; without contrast material |
| 74177 - CT scan, abdomen and pelvis; with contrast material(s) | 8,442 | CT scan, abdomen and pelvis; with contrast material(s) |
| 72192 - CT scan, pelvis; without contrast material | 7,530 | CT scan, pelvis; without contrast material |
| 72125 - CT scan, cervical spine; without contrast material | 6,577 | CT scan, cervical spine; without contrast material |

3.1 Details on Top Procedures by Condition Group

The following set of pie charts is drawn from the information presented in Table 6 and is designed to demonstrate the imaging procedures most closely associated with a given diagnosis or group of diagnoses determined to be of interest. For example, regarding the category of *Acute abdominal pain*, the chart demonstrates that CT scan of the abdomen, either with and/or without contrast, was overwhelmingly the most common procedure performed for investigation of this complaint. This result reflects the excellent utility of a CT scan of the abdomen to diagnose clinically important causes of abdominal pain in the Medicare age population, including diverticulitis, bowel obstruction, appendicitis, and abscess, all potential surgical emergencies. According to the April 1, 2015 edition of *American Family Physician*, CT scan is the initial imaging study of choice for evaluating patients presenting with acute or chronic right or left lower quadrant pain. Ultrasound was the study of choice for right upper abdominal pain; however, the CAMH team did not consider ultrasound in our analysis. The evidence rating was C, which stood for consensus, disease oriented, evidence, usual practice, expert opinion, or case series [2].

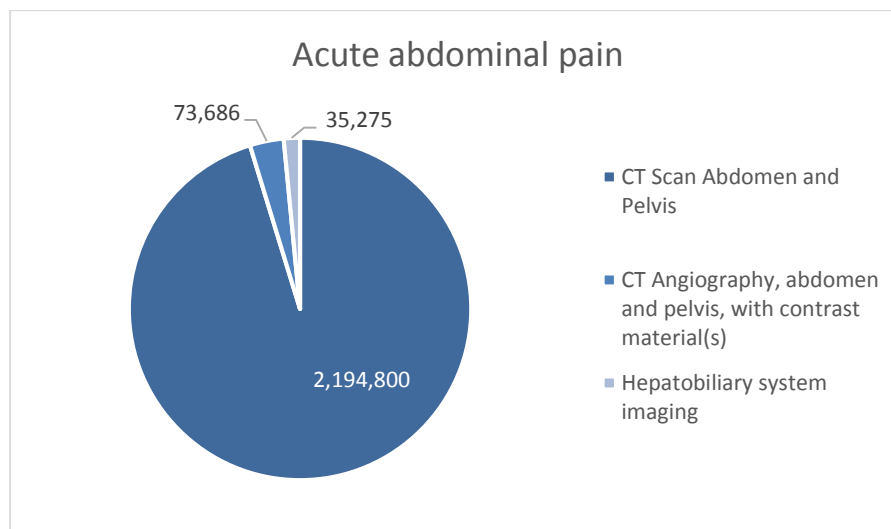


Chart 4. Acute Abdominal Pain Primary Procedures

By contrast, the grouped diagnosis *Stroke symptoms* shows a more varied distribution of CT scanning as well as various MRI and MRA procedures. This is commensurate with the practice of performing a CT scan without contrast to rule out the possibility of intracranial bleeding before any intervention can be considered. Because in an acute non-hemorrhagic stroke the CT scan shows normal results, an MRI with or without contrast would follow in many instances.

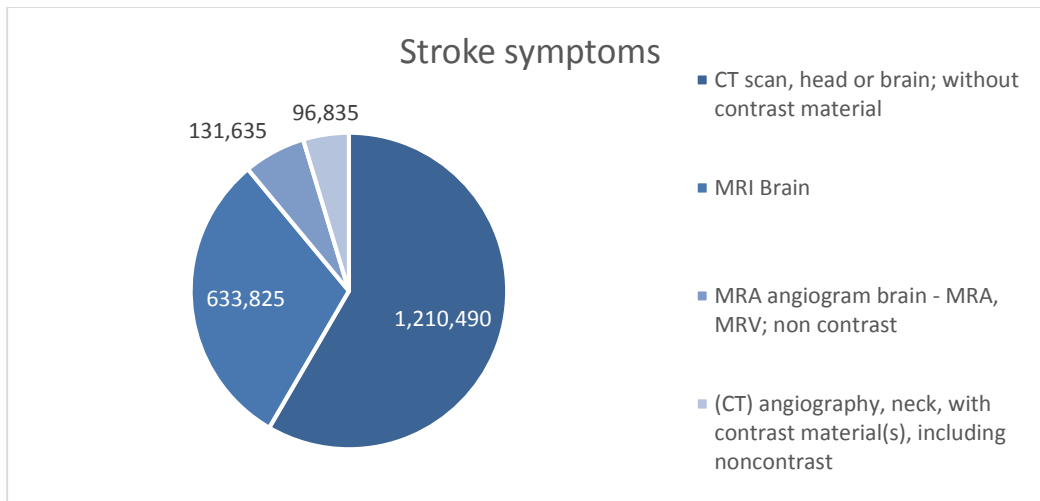


Chart 5. Stroke Symptoms Primary Procedures

In the largest diagnostic category, *Heart condition*, the CAMH team saw overwhelmingly that the procedure codes are related to diagnosis of coronary artery ischemia and/or infarct. Approximately 1.5 million nuclear medicine myocardial perfusion studies were performed, and another 2.9 million cardiology stress tests were undertaken for this purpose. Non-coronary artery CT angiography was done about 1/10th as often, likely to the vague electrical findings of pulmonary embolism which can be confused with coronary artery disease. The smallest procedure category, CT angiography, non-coronary, occurred about 350,000 times, likely due to the overlapping symptoms and electrocardiographic signs of angina and pulmonary embolism, as both disease entities can present with chest pain, shortness of breath, and electrical changes.

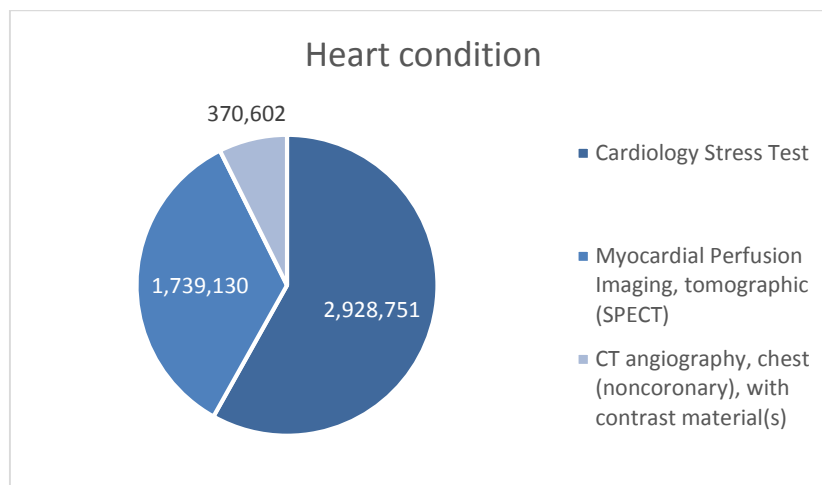


Chart 6. Heart Condition Primary Procedures

Headache and/or Head Injury showed a breakdown of diagnostic codes similar to that seen in the grouped category *Stroke symptoms*. However, the overwhelming majority of headache/head injury patients, ~85%, received a non-contrast CT scan of the head; with MRI and other CT scans of the neck and face making up the remaining 15%. This shows the high sensitivity and specificity of non-contrast head CT in demonstrating intracranial hemorrhage from injury or

rupture of an aneurysm or vascular malformation, a potentially life threatening condition with high morbidity and mortality. This is similar to the category of *Altered mental status*, where about 90% of patients received a CT scan of the head.

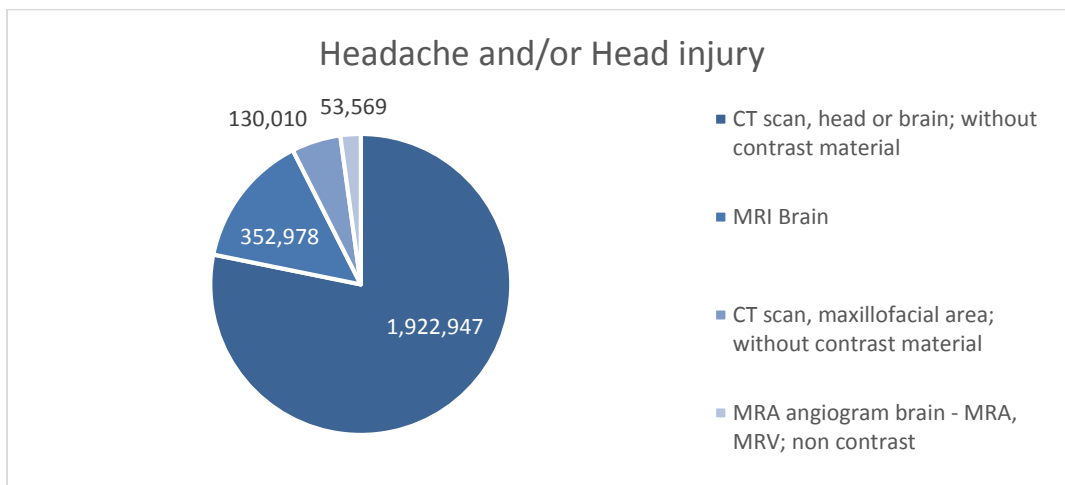


Chart 7. Headache and/or Head Injury Primary Procedures

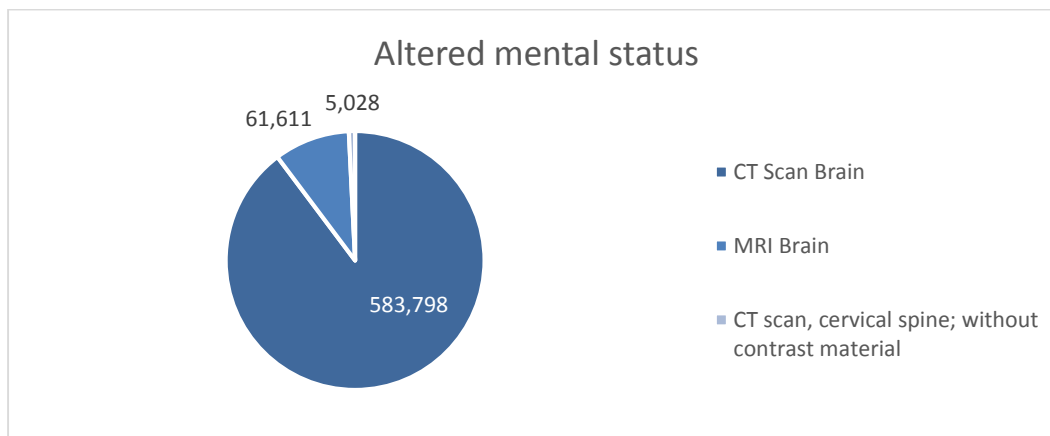


Chart 8. Altered Mental Status Primary Procedures

The combined category of *Malignancies* includes the procedures commonly used to initially stage cancer and for follow up to assess response to treatment. These include CT scans of the chest, abdomen, and pelvis, and bone scan.

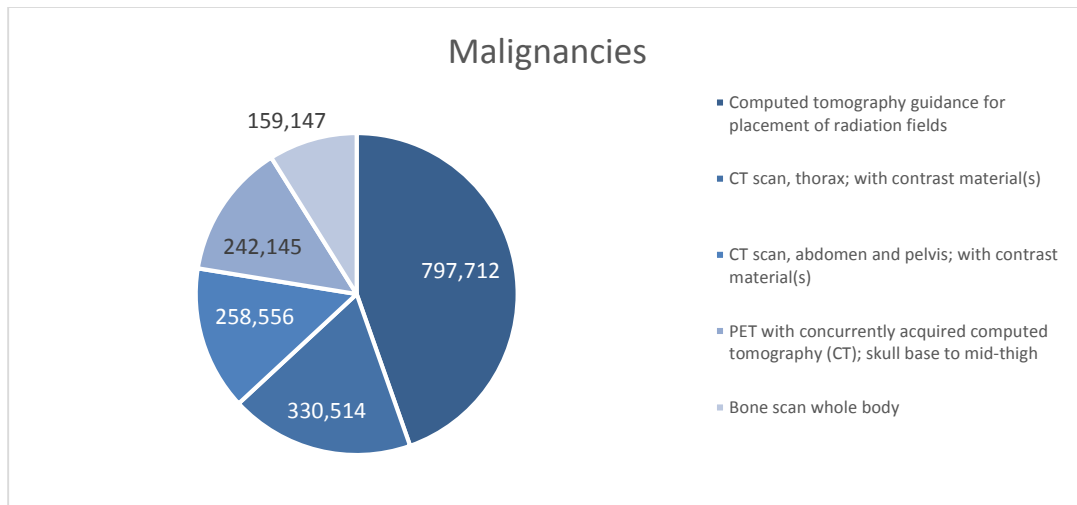


Chart 9. Malignancies Primary Procedures

For the combined category of *Low back and neck pain*, MRI is the procedure of choice, unless the patient has a contraindication, such as a pacemaker or aneurysm clips, and this is demonstrated in the breakdown of procedures, half of which were lumbar MRI exams, with the other half representing CT scans of the back and neck and MRI of the neck.

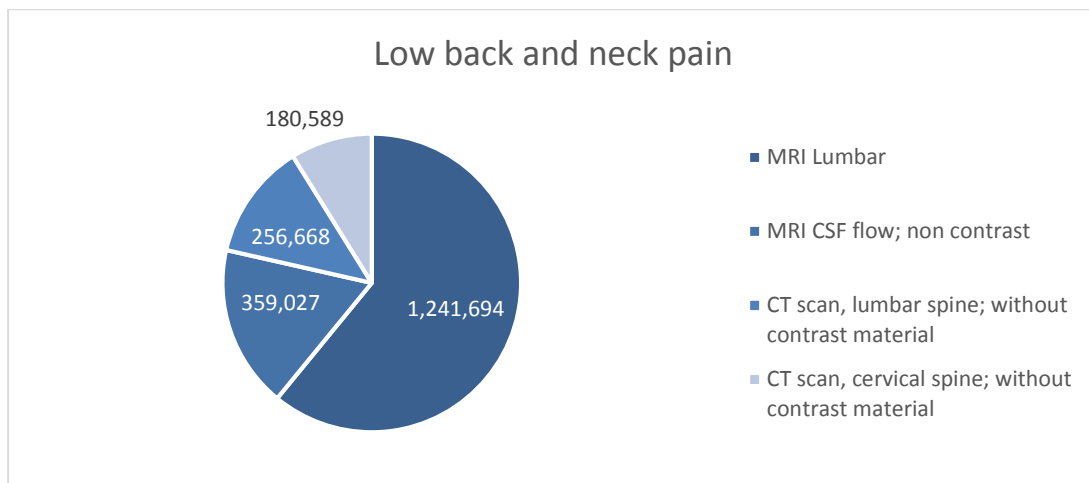


Chart 10. Low back and Neck Pain Primary Procedures

Similarly, the combined diagnostic group *Joint pain*, shows MRI utilized almost exclusively, except in those patients who must have a CT scan because of contraindications.

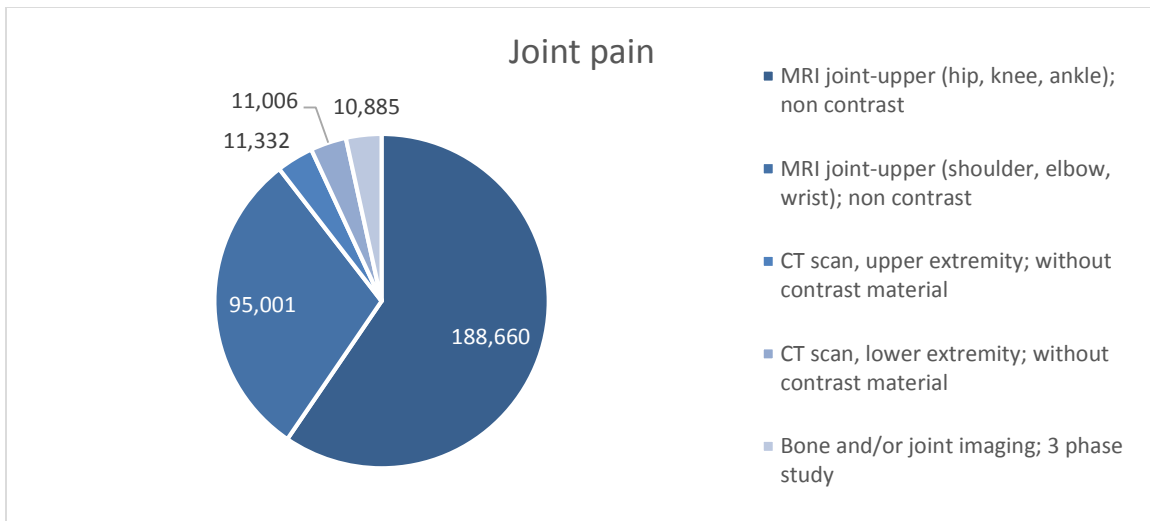


Chart 11. Joint Pain Primary Procedures

Face and neck injury is almost exclusively worked up with a CT scan of the head, face, and neck, owing to the ability of this modality to demonstrate bony structures in exquisite detail, diagnosing subtle fractures in patients who commonly have underlying osteoporosis and degenerative disease.

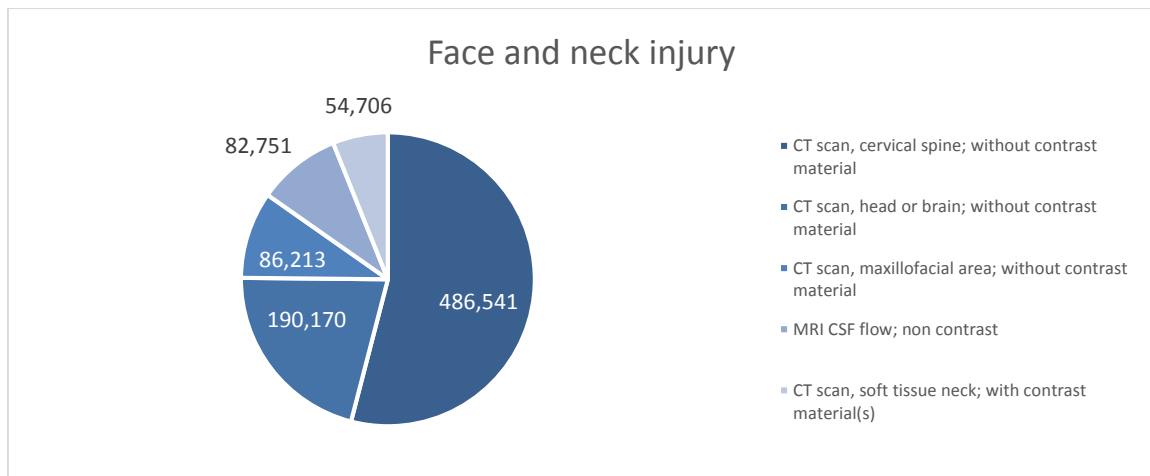


Chart 12. Face and Neck Injury Primary Procedures

The category *Pleural effusion NOS* is different from the above grouped diagnostic categories because it is a sign or finding and not a diagnosis onto itself. Furthermore, it is nonspecific and can be related to a host of conditions including heart failure, pneumonia, renal failure, hepatic disease, and other abdominal conditions such as infection or abscess. Because pleural effusion is commonly due to disease process in the chest and/or abdomen, a CT scan is the modality of choice for diagnostic investigation.

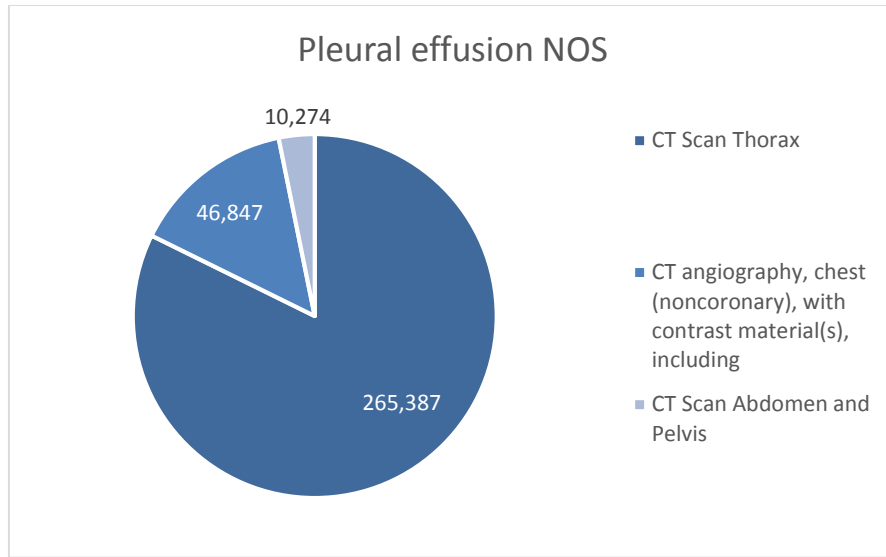


Chart 13. Pleural Effusion Primary Procedures

The category *Pulmonary abnormal* includes several non-specific respiratory conditions, such as emphysema, pneumonia, respiratory abnormal, and other lung disease. These are mostly chronic lung conditions and include bullous emphysema, chronic bronchitis, interstitial pneumonia, and pulmonary fibrosis. Chronic pulmonary and respiratory conditions, as well as the common diagnosis of a solitary pulmonary nodule, are worked up overwhelmingly by CT scan of the chest without or with contrast (1.1 million exams). Less commonly, pulmonary angiography was employed, and about 10 % of the time a PET/CT or nuclear medicine coronary perfusion exam was performed.

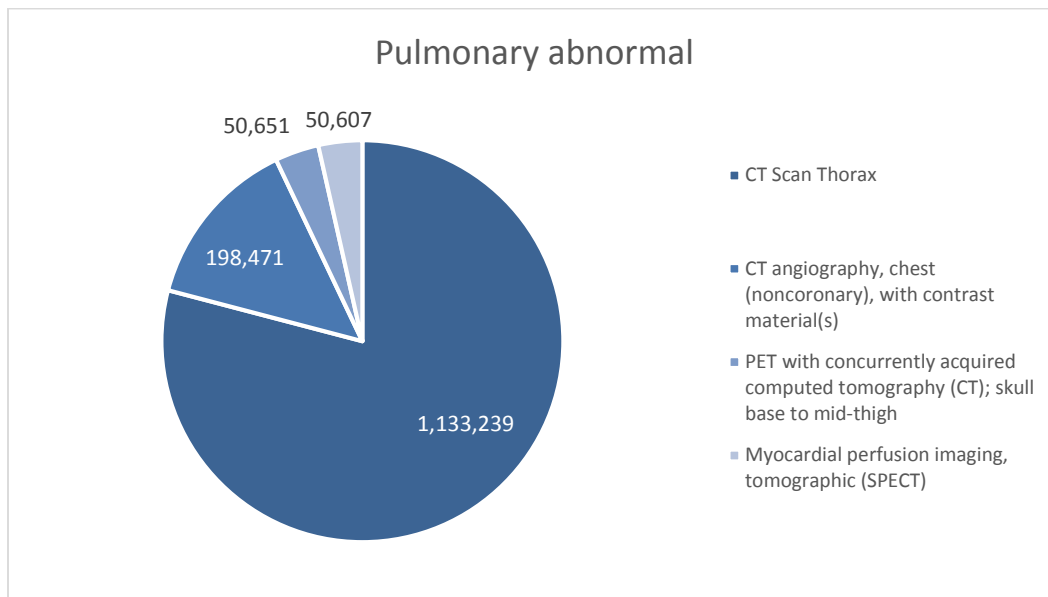


Chart 14. Pulmonary Abnormal Primary Procedures

Appendix B shows the breakdown pie charts for the rest of the diagnosis groups analyzed in the report and listed in Table 6. These procedures occurred at a lower frequency and were considered less relevant for defining priority clinical areas for advanced imaging.

4. Discussion

Data derived from the CCW's 2014 Part B non-institutional claim line file was used to cross-walk from advanced diagnostics imaging procedure services rendered to the associated ICD-9 diagnosis codes. The CAMH team initially evaluated the top 20 diagnoses that emerged, based on their frequency, and clustered them based on underlying organ or condition to create diagnoses groups such as heart condition, stroke symptoms, malignancies, etc. By grouping similar diagnostic ICD-9 codes, we showed that the imaging modality/modalities associated with the group is appropriate, according to current accepted best practice standards (see Appendix A). For example, in the group *Stroke symptoms*, the team found about 2/3 of the patients received a non-contrast CT scan of the head, which is appropriate and necessary to rule out intracranial hemorrhage before treatment with blood thinners can be considered. About 1/3 of patients underwent an MRI or MRA to identify radiographically occult strokes, not demonstrated on CT scan but requiring treatment. Similarly, in the *Headache and/or Head injury* and *Altered mental status* groups, 75-90% underwent CT scans that were then deemed sufficient for diagnosis and treatment. In addition, the groupings allow us to develop a picture of which diagnoses had more impact on the population examined in relation to imaging procedures. This presents an opportunity to propose a list of clinical priority areas based on these findings.

In the diagnostic group *Heart condition*, the procedure most commonly performed was stress testing in some form, followed closely by myocardial perfusion imaging, which includes exercise or physiologic stress testing combined with nuclear radiotracer administration to directly visualize ischemic or infarcted heart muscle. This distribution makes sense, in that many of the abnormal electrical stress tests will need further imaging with myocardial perfusion scanning to determine if the patient needs treatment, and whether it would be stenting or coronary artery revascularization with bypass.

Headache is a common complaint in the general population and in the elderly, and makes up 25% of any neurologist's outpatient practice. While 90% of headaches are due to a primary headache disorder, there are several headache "red flags", which would prompt a CT scan in an urgent or emergent setting. These include: first or worst headache ever, onset after age 50, acute or sudden onset, sudden onset during exertion, neurologic symptoms or signs, or headache in a setting of malignancy. Several of these indications are particularly important in the Medicare age group. Head injury was grouped with headache as the two symptoms are commonly combined, and because both are treated the same way, with CT scans performed to rule out intracranial hemorrhage. Altered mental status is another common but non-specific complaint, and can co-exist with headache, stroke symptoms, or head injury. Altered mental status is also a common component of Alzheimer's dementia. Similarly, the grouped diagnosis *Face and neck injury* often resulted in CT scanning being performed on the affected area (face, neck or head) to rule out fracture or bleeding, and speaks to the strong propensity for accidental falls in this age group.

The grouped diagnosis *Pleural effusion NOS* deserves special analysis. Because this is a sign, and not a symptom, it is a difficult category to characterize, but because of its frequency it requires attention. The diagnosis of pleural effusion is nonspecific, and can be seen with primary lung conditions, such as pneumonia, tuberculosis or pulmonary infarct, as well as cancer, both primary and secondary. Congestive heart failure, renal failure, and hepatic cirrhosis or hepatitis can present with a pleural effusion, as can certain intra-abdominal processes, such as pancreatitis.

This large category can present with a variety of symptoms, including cough and shortness of breath, or can be an incidental finding due to the primary issue. The grouped diagnosis *Pulmonary abnormal* is similar in that it is not specific, and can encompass many differential possibilities including infection, malignancy, trauma, and chronic inflammatory conditions.

The grouped diagnosis *Malignancies* represents the number two cause of death of Americans over age 65, with lung cancer as the most frequent cause of death, followed by prostate, colon, and breast cancer in various orders depending on race and gender. CT scans of the chest, abdomen, and pelvis and bone scans or the commonly associated malignancy diagnosis, commensurate with the usual imaging for initial diagnosis and metastatic workup as well as for follow-up testing.

Neck and back pain are common complaints at all ages, but with advancing age there is a significant increase in osteoarthritis, spondylosis, and other degenerative changes, and a decrease in disc herniation. MRIs of the neck and back are the most common diagnostic procedures; however, in patients with contraindications, such as implanted pacemakers and aneurysm clips, CT scans will be substituted.

It is interesting to note that CT angiography, chest, non-coronary with contrast material appears as one of the top three procedures for the groupings of *Heart condition*, *Pulmonary abnormal*, and *Pleural effusion NOS*. This particular CT procedure is utilized primarily to exclude pulmonary embolism, a potentially life threatening and emergent diagnosis, which presents with shortness of breath, difficulty breathing, and diminished arterial oxygen saturation. Similarly, myocardial infarction, angina, pleural effusion with or without heart failure, and exacerbation of chronic obstructive pulmonary disease are all common diagnoses in the Medicare population and can present with this constellation of signs and symptoms.

There is an inherent disconnect between the Medicare ICD-9 diagnosis codes and the patient's chief complaint or presenting diagnosis. For example, chest pain is a common complaint which, when worked up, can result in any of the diagnosis codes in the grouping heart condition, pulmonary abnormal, or pleural effusion. Because the CAMH team does not have access to the symptoms that precipitated the office visit, we must extrapolate by using the information we do have, namely the diagnosis and procedure codes. To give a clinical example, if an elderly patient presents to a clinic complaining of shortness of breath, and a chest x-ray shows a right pleural effusion, a CT angiogram may be ordered to rule out the worst case scenario: pulmonary embolism. In a sedentary population, at risk for deep venous thrombosis, this is a reasonable concern. The CT angiography might show pulmonary embolism with lung infarction and pleural effusion, and that would account for that particular diagnosis code being used for billing purposes. Alternatively, the patient could have bacterial lobar pneumonia with pleural effusion, and be coded the same way.

The analysis presented holds true for all of the breakout pie charts presented for the main diagnoses, which were designed to display procedures according to diagnosis. The purpose of grouping similar diagnoses was to demonstrate that not only are they alike in symptomatology, but the modes of imaging investigation also correlate. For example, the grouped diagnosis *Acute abdominal pain* includes such diagnostic codes as acute diverticulitis, kidney stone, and bowel obstruction. All of these conditions will present with abdominal pain, and nearly all of the patients received a CT scan. In many cases, the CT results either determined the actual cause of nonspecific complaints, or confirmed the suspected cause, such as acute appendicitis.

The overall distribution of diagnosis codes, shown in Chart 4, is as expected for our patient demographics and helps in establishing the clinical priority areas based on our findings, and the known statistics for the Medicare population. According to the Centers for Disease Control and Prevention [1], heart disease, the most common indication for advanced imaging found, is the number one cause of death in this age group. *Stroke symptoms*, number four in imaging frequency, reflects its place as the number three killer of adults over age 65. The second leading cause of death over age 65 is cancer, which is represented in our data most specifically in the aggregated malignancies category. The fourth and fifth most common causes of death in the elderly patient vary by race, and includes chronic obstructive pulmonary disease (COPD), pneumonia/influenza, and diabetes. The grouped diagnosis *Pulmonary abnormal* includes COPD, pneumonia, and influenza and is the seventh most commonly submitted constellation of diagnosis codes. Pulmonary abnormal is a large and important category in imaging. In adults over age 65 in the United States, chronic lower respiratory disease is the third most common cause of death, and includes bullous emphysema, chronic bronchitis, interstitial pneumonia, and pulmonary fibrosis. The discrepancy in imaging and death rates is probably accounted for by the fact that many patients will not require advanced imaging techniques for diagnosis and follow up, since a chest x-ray will generally suffice. Importantly, Alzheimer's disease and several important renal diseases, such as nephritis and diabetic renal insufficiency/failure, are among the top 10 leading causes of death in the elderly. The imaging burden associated with Alzheimer's disease is borne out by the number of CT scans of the head performed for diagnoses such as psychosis and altered mental status.

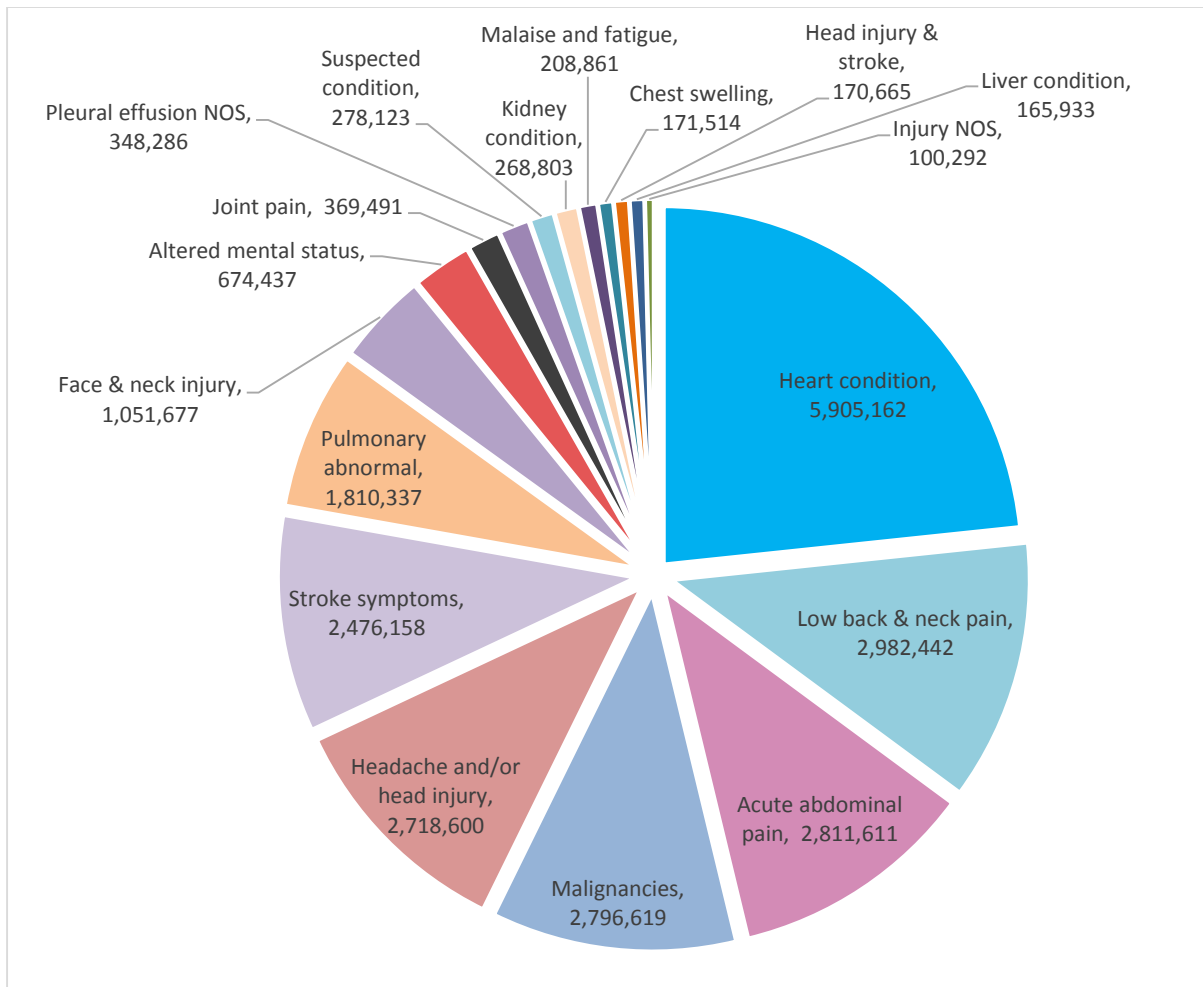


Chart 15. Cumulative Total of Expanded Diagnoses Clustered into Condition Groups

Of interest, death from unintentional injuries among adults aged 65 and older, about 2% of all deaths over age 65, was due to falls 55% of the time. This is most accurately reflected in the pie charts labeled “Headache and/or head injury” and “Face and neck injury”. The propensity for falls increases with age, and is the only truly preventable cause of morbidity and mortality of the diagnosis codes analyzed. Older adults are also vulnerable to common infectious diseases including pneumonia, influenza, and septicemia, which are responsible for about 5.5 % of deaths in people aged 65 and older. The combined death rate from infectious disease has risen 25% in recent decades, and may be at least in part attributable to drug resistant strains of bacteria and nosocomial infections. Diagnoses related to infectious diseases can be seen in the *Pulmonary abnormal*, *Pleural effusion NOS*, and *Acute abdominal pain* categories. The large number of categories in the pie chart labeled “Low back and neck pain” speaks to these very common complaints in the aging population.

The grouped diagnoses that the CAMH team studied were developed from ICD-9 codes derived from outpatient facilities, such as doctor’s offices and imaging centers. Thus, the potential for surgical emergencies was much lower than would be seen in a setting of an acute care hospital or emergency center.

Overall, the grouped diagnoses *Acute abdominal pain, Headache and/or Head injury* and *Face and neck injury* are the most likely categories to contain diagnoses that might lead to emergent or urgent surgery. For example, acute appendicitis in the elderly population frequently presents with vague symptoms, which might prompt an outpatient CT scan of the abdomen for investigation and result in surgery for the acute condition.

In contrast, most head and neck injuries severe enough to require emergency surgical intervention would present to an acute care facility; for example, a cervical spine fracture or severe facial bone trauma from a car accident or other high velocity impact. Occasionally, though, what might seem by history to be a trivial fall at home could result in severe facial trauma. Similarly, a minor neck injury in an older patient with underlying degenerative spondylosis, Diffuse Idiopathic Hypertrophic Spondylosis (DISH), or Ankylosing Spondylitis could result in an unexpected fracture.

Lastly, the grouping *Heart condition* could potentially have surgical emergencies if, for example, a treadmill or Myocardial Perfusion stress test showed severe, life threatening coronary artery ischemia, requiring immediate stenting or re-vascularization.

With respect to the groupings *Stroke symptoms, Altered mental status, and Headache and/or Head injury*, while many patients may have suffered an acute event, the likelihood of surgical intervention is low and would likely be limited to treatment for subdural, or rarely epidural, hematoma.

The remaining categories, including groups such as *Malignancies, Low back and neck pain, and Pulmonary abnormal*, refer to chronic conditions and are unlikely to contain diagnosis related to acute surgical emergencies.

In summary, the data analysis shows that advanced imaging techniques are being correctly and appropriately applied according to the grouped diagnosis codes the CAMH team developed and the corresponding imaging modalities used to investigate them. This analysis to correlate imaging procedure codes with diagnoses groups derived from claims data pointed to the following as clinical areas to prioritize based on the frequency of occurrence: heart condition, back and neck pain, acute abdominal pain, malignancies, headache and/or head injury, stroke symptoms, pulmonary abnormalities, face and neck injury, and altered mental status.

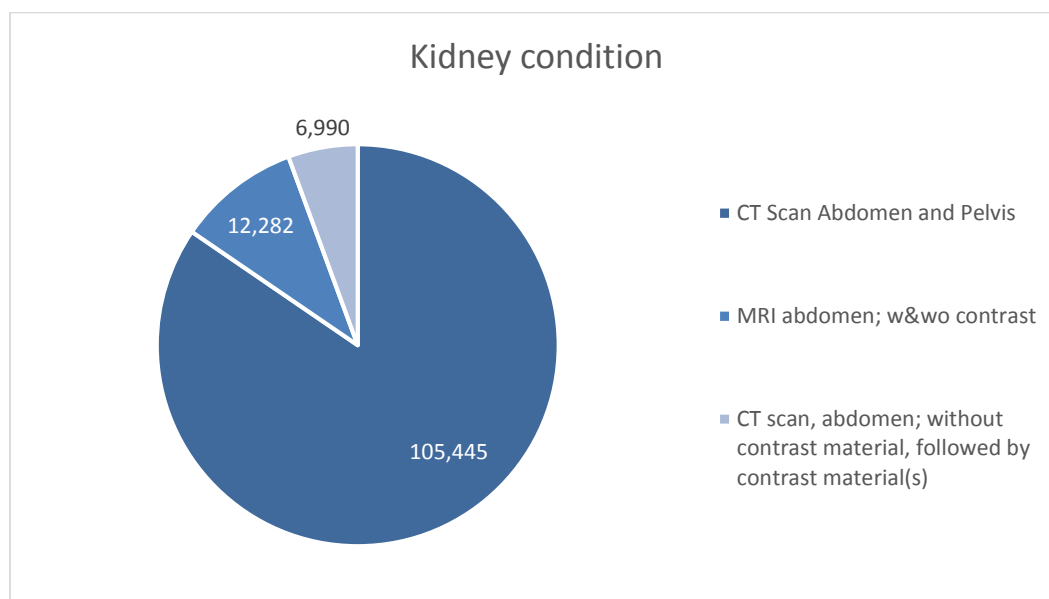
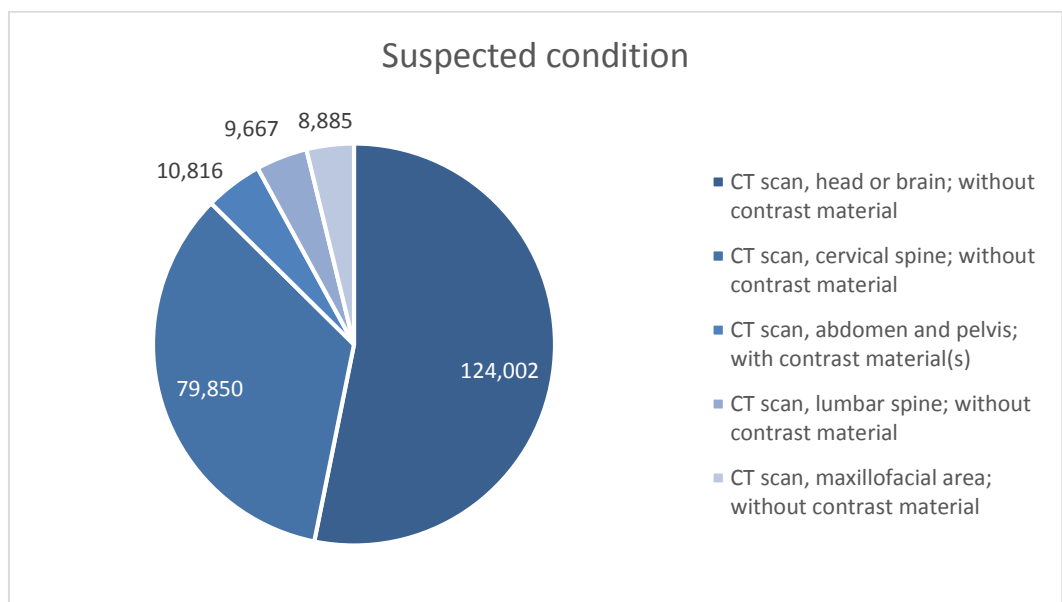
Appendix A. Best Practice Guidelines Examples

Best practice guidelines have been developed by many colleges and groups. Here is a sampling:

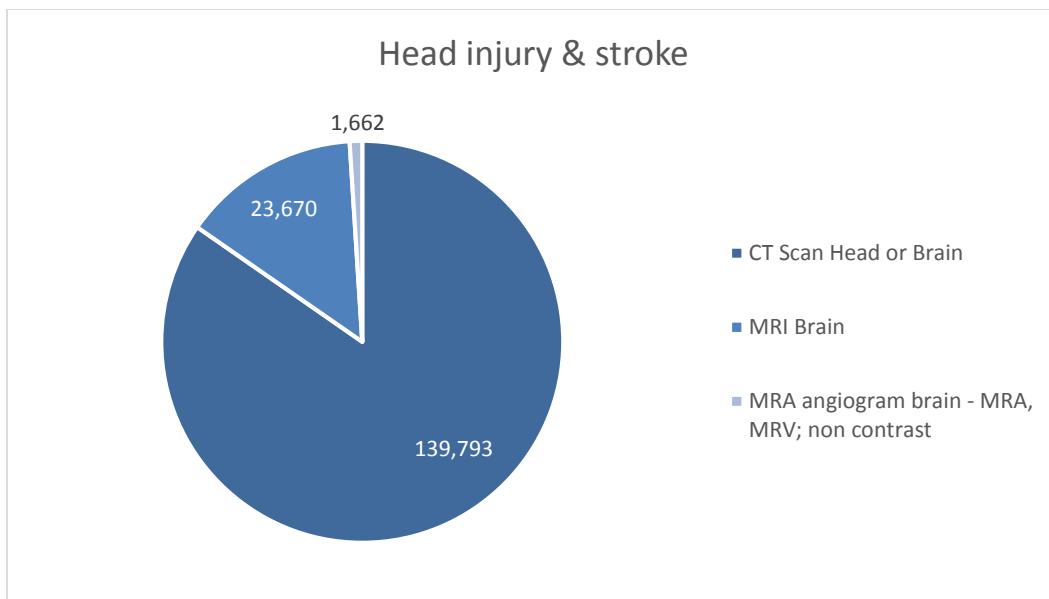
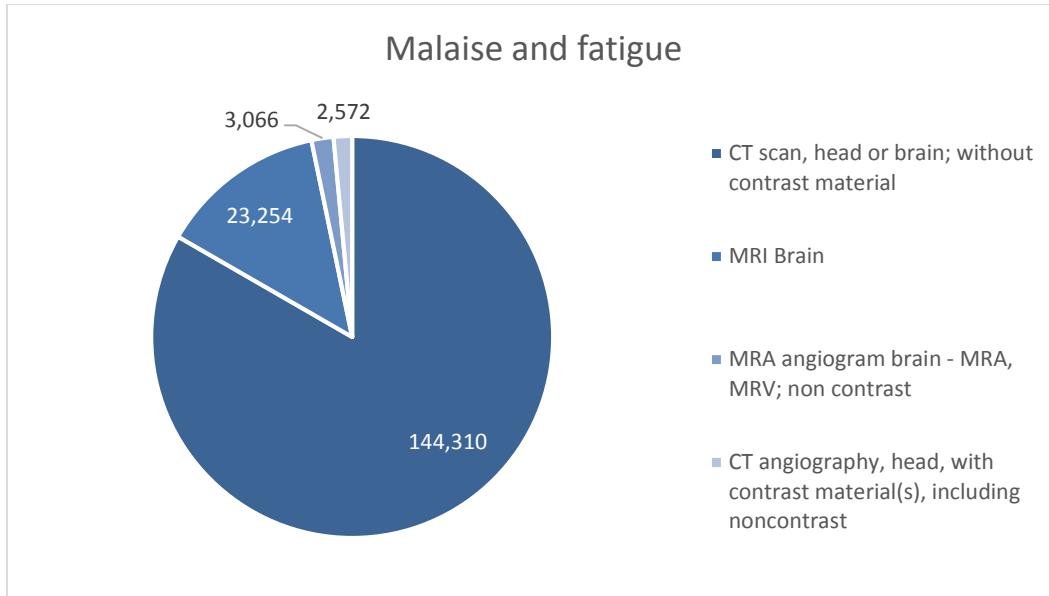
- American College of Radiology
- Radiologic Society of North America
- American College of Surgeons
- American Academy of Neurology
- American Association of Neurological Surgeons
- American College of Physicians
- Society of General Internal Medicine
- American College of Emergency Physicians
- Neurosurgical Society of America
- The American Geriatrics Society

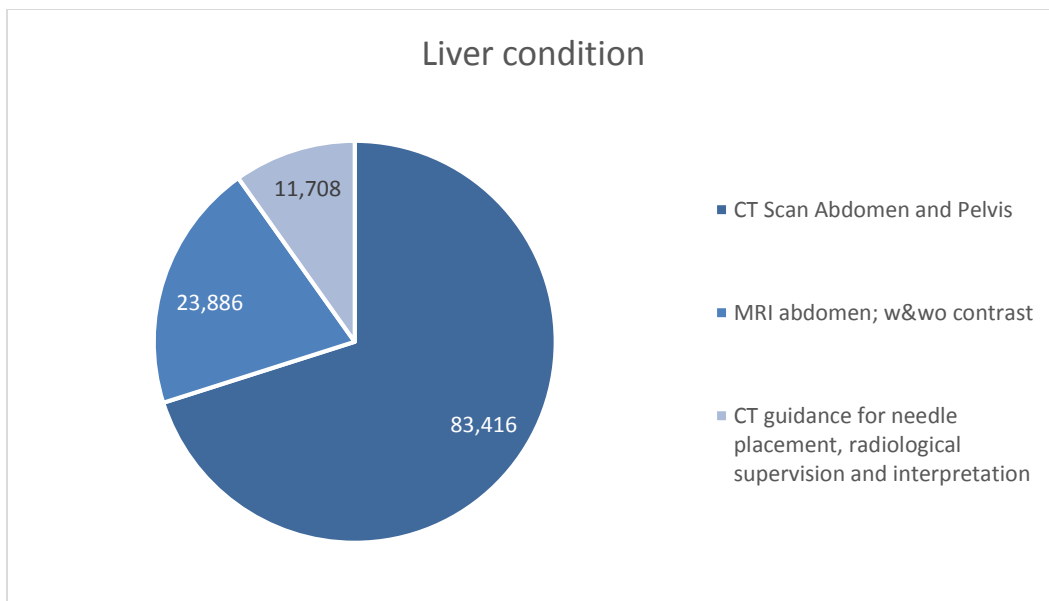
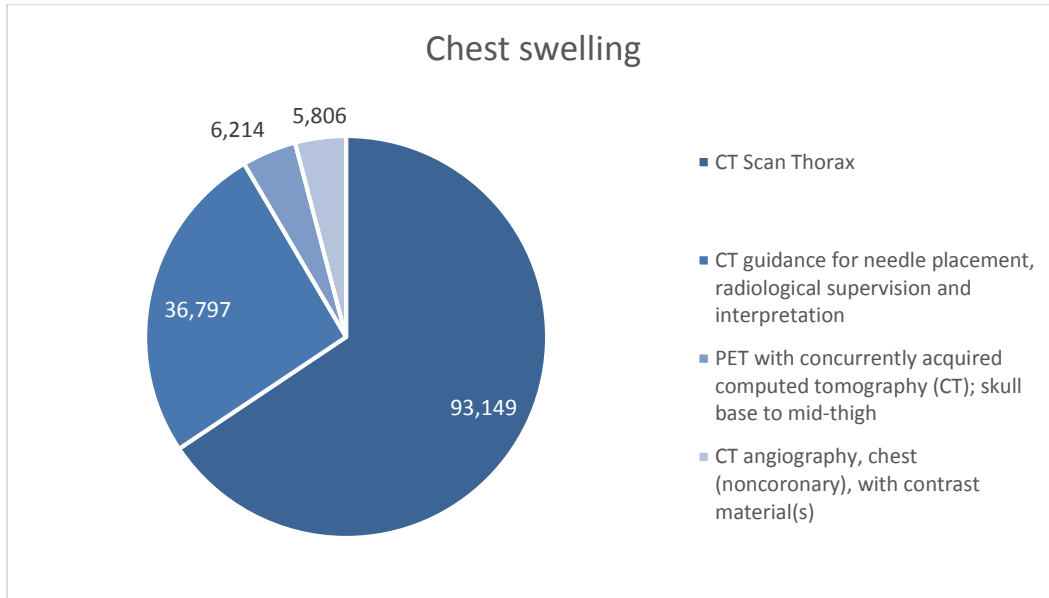
Appendix B. Additional Breakdown Pie Charts

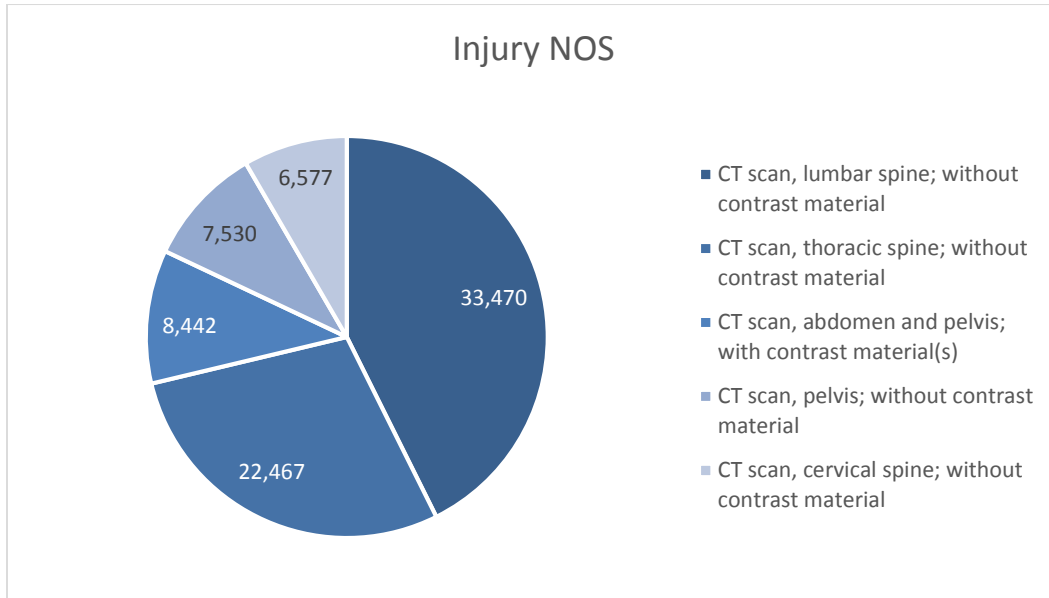
This appendix shows the breakdown pie charts of procedures for the rest of the diagnosis groups analyzed in the report and listed in Table 6. These procedures occurred at a lower frequency and were considered less relevant for defining priority clinical areas for advanced imaging.



³ Suspected condition is a condition group comprised of pre-diagnosis codes where a condition is suspected but has yet to be confirmed.







Acronyms

| Term | Definition |
|-----------------|--|
| CAMH | CMS Alliance to Modernize Healthcare |
| CCW | Chronic Condition Data Warehouse |
| CIO | Chief Information Officer |
| CMS | Centers for Medicare & Medicaid Services |
| COPD | Chronic Obstructive Pulmonary Disease |
| CSF | cerebrospinal fluid |
| CT | computed tomography |
| CTO | Chief Technology Officer |
| DISH | Diffuse Idiopathic Hypertrophic Spondylosis |
| ECG/EKG | Electrocardiogram |
| FAR | Federal Acquisition Regulation |
| FDA | U.S. Food and Drug Administration |
| FFRDC | Federally Funded Research and Development Center |
| FFS | fee-for-service |
| HCPCS | Healthcare Common Procedure Coding System |
| HHS | Department of Health and Human Services |
| HTA | Health Technology Assessment |
| ICD | International Classification of Diseases |
| mg | milligram |
| ml | milliliter |
| MRA | magnetic resonance angiogram |
| MRI | magnetic resonance imaging |
| MRV | magnetic resonance venography |
| NEC | Not Elsewhere Classified |
| NOS | Not Otherwise Specified |
| PET | positron emission tomography |
| SPECT | single-photon emission computed tomography |
| w&wo | with and without |

List of References

- [1] Centers for Disease Control and Prevention. (March 11, 2016). “National Center for Health Statistics: Older Persons’ Health.” Retrieved April 14, 2016, from <http://www.cdc.gov/nchs/fastats/older-american-health.htm>.
- [2] Cartwright SL1, Knudson MP1. (April 1, 2015). “Diagnostic imaging of acute abdominal pain in adults. Am Fam Physician.” 91(7):452-9. Retrieved May 20, 2016, from <http://www.aafp.org/afp/2015/0401/p452.html>.

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